# Optimal Concentration Inequalities for Dynamical Systems 

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#### Abstract

For dynamical systems modeled by a Young tower with exponential tails, we prove an exponential concentration inequality for all separately Lipschitz observables of $n$ variables. When tails are polynomial, we prove polynomial concentration inequalities. Those inequalities are optimal. We give some applications of such inequalities to specific systems and specific observables.


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## 1. Introduction

Let $X$ be a metric space. A function $K$ on $X^{n}$ is separately Lipschitz if, for all $i$, there exists a constant $\operatorname{Lip}_{i}(K)$ with

$$
\begin{aligned}
& \left|K\left(x_{0}, \ldots, x_{i-1}, x_{i}, x_{i+1}, \ldots, x_{n-1}\right)-K\left(x_{0}, \ldots, x_{i-1}, x_{i}^{\prime}, x_{i+1}, \ldots, x_{n-1}\right)\right| \\
& \quad \leq \operatorname{Lip}_{i}(K) d\left(x_{i}, x_{i}^{\prime}\right)
\end{aligned}
$$

for all points $x_{1}, \ldots, x_{n}, x_{i}^{\prime}$ in $X$.

Consider a stationary process $\left(Z_{0}, Z_{1}, \ldots\right)$ taking values in $X$. We say that this process satisfies an exponential concentration inequality if there exists a constant $C$ such that, for any separately Lipschitz function $K\left(x_{0}, \ldots, x_{n-1}\right)$, one has

$$
\begin{equation*}
\mathbb{E}\left(e^{K\left(Z_{0}, \ldots, Z_{n-1}\right)-\mathbb{E}\left(K\left(Z_{0}, \ldots, Z_{n-1}\right)\right)}\right) \leq e^{C \sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}} \tag{1.1}
\end{equation*}
$$

One should stress that this inequality is valid for all $n$ (i.e., the constant $C$ does not depend on the number of variables one is considering). An important consequence of such an inequality is a control on the deviation probabilities: for all $t>0$,

$$
\mathbb{P}\left(\left|K\left(Z_{0}, \ldots, Z_{n-1}\right)-\mathbb{E}\left(K\left(Z_{0}, \ldots, Z_{n-1}\right)\right)\right|>t\right) \leq 2 e^{-\frac{t^{2}}{4 C \sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}}}
$$

This inequality follows from the inequality $\mathbb{P}(Y>t) \leq e^{-\lambda t} \mathbb{E}\left(e^{\lambda Y}\right)(\lambda>0)$ with $Y=K\left(Z_{0}, \ldots, Z_{n-1}\right)-\mathbb{E}\left(K\left(Z_{0}, \ldots, Z_{n-1}\right)\right)$, then we use inequality (1.1) and optimize over $\lambda$ by taking $\lambda=t /\left(2 C \sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}\right)$.

In some cases, it is not reasonable to hope for such an exponential inequality. One says that $\left(Z_{0}, Z_{1}, \ldots\right)$ satisfies a polynomial concentration inequality with moment $Q \geq 2$ if there exists a constant $C$ such that, for any separately Lipschitz function $K\left(x_{0}, \ldots, x_{n-1}\right)$, one has

$$
\begin{equation*}
\mathbb{E}\left(\left|K\left(Z_{0}, \ldots, Z_{n-1}\right)-\mathbb{E}\left(K\left(Z_{0}, \ldots, Z_{n-1}\right)\right)\right|^{Q}\right) \leq C\left(\sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}\right)^{Q / 2} \tag{1.2}
\end{equation*}
$$

An important consequence of such an inequality is a control on the deviation probabilities: for all $t>0$,

$$
\begin{equation*}
\mathbb{P}\left(\left|K\left(Z_{0}, \ldots, Z_{n-1}\right)-\mathbb{E}\left(K\left(Z_{0}, \ldots, Z_{n-1}\right)\right)\right|>t\right) \leq C t^{-Q}\left(\sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}\right)^{Q / 2} \tag{1.3}
\end{equation*}
$$

The inequality (1.3) readily follows from (1.2) and the Markov inequality. However, it is weaker in general. We will say that $\left(Z_{0}, Z_{1}, \ldots\right)$ satisfies a weak $L^{Q}$ concentration inequality if (1.3) holds for any separately Lipschitz function $K$.

For instance, if $Z_{0}, Z_{1}, \ldots$ is an i.i.d. process, then it satisfies an exponential concentration inequality if $Z_{i}$ is bounded [Led01, p. 68], a polynomial concentration inequality with moment $Q \geq 2$ if $Z_{i} \in L^{Q}$ [BBLM05], and a weak $L^{Q}$ concentration inequality if $\mathbb{P}\left(\left|Z_{i}\right|>t\right) \leq C t^{-Q}$ (while we could not locate a proper reference in the literature, this follows easily from classical martingale techniques and a weak $L^{Q}$ Rosenthal-Burkholder inequality - see Theorem 6.3 below).

Our main goal in this article is to study processes coming from dynamical systems: we consider a map $T$ on a metric space $X$, and an invariant probability measure $\mu$. Under suitable assumptions, we wish to show that the process $(x, T x, \ldots)$ (where $x$ is distributed following $\mu$ ) satisfies concentration inequalities. Equivalently, we are interested in the concentration properties of the measure $\mu_{n}$ on $X^{n}$ given by $\mathrm{d} \mu_{n}\left(x_{0}, \ldots, x_{n-1}\right)=\mathrm{d} \mu\left(x_{0}\right) \delta_{x_{1}=T x_{0}} \cdots \delta_{x_{n-1}=T x_{n-2}}$. This is not a product measure but, if the map $T$ is sufficiently mixing, one may expect that $T^{k}(x)$ is more or less
independent of $x$ if $k$ is large, making the process $(x, T x, \ldots)$ look like an independent process to some extent.

Such questions have already been considered in the literature. In particular, [CMS02] proves that a (non-necessarily Markov) piecewise uniformly expanding map of the interval satisfies an exponential concentration inequality. Polynomial concentration inequalities (with moment 2, also called Devroye inequalities) have been proved in less expanding situations (exponential Young towers - including Hénon maps - in [CCS05a], intermittent map with parameter close enough to 0 in [CCRV09]). Our goal is to prove optimal concentration inequalities for the same kind of systems. In particular, we will prove that Young towers with exponential tails satisfy an exponential concentration inequality, and that in Young towers with polynomial tails one can get polynomial concentration with a moment directly related to the tails of the return time on the basis of the tower.

Concentration inequalities are a tool to bound systematically the fluctuations of 'complicated' observables of the form $K\left(x, T x, \ldots, T^{n-1} x\right)$. For instance, the function $K$ can have a complicated analytic expression or can be implicitly defined (e.g. as an optimization problem). If we are able to get a good estimate of the Lipschitz constants, we can apply the concentration inequality we have at our disposal. Various examples of observables have been studied in [CMS02,CCS05b,CCRV09]. Since we establish here optimal concentration inequalities, this improves automatically the bounds previously available for these observables. We shall state explicitly some of the new results which can be obtained.

Outline of the article. The proofs we will use for different classes of systems are all based on classical martingale arguments. It is enlightening to explain them in the simplest possible situation, subshifts of finite type endowed with a Gibbs measure. We will do so in Sect. 2. The following 4 sections are devoted to proofs of concentration inequalities in various kinds of dynamical systems with a combinatorial nature, namely Young towers with exponential tails in Sect. 3, with polynomial tails in Sect. 4 (the invertible case is explained in Sect. 5), and with weak polynomial tails in Sect. 6. Several applications to concrete dynamical systems and to specific observables are described in Sect. 7. Finally, an appendix is devoted to the proof of a particularly technical lemma.

In this paper, the letter $C$ denotes a constant that can vary from line to line (or even on a single line).

## 2. Subshifts of Finite Type

In this section, we describe a strategy to prove concentration inequalities. It is very classical, uses martingales, and was for instance implemented for dynamical systems in [CMS02] and for weakly dependent processes in [Rio00]. Our proofs for more complicated systems will also rely on this strategy. However, it is enlightening to explain it in the most simple situation, subshifts of finite type.
2.1. Unilateral subshifts of finite type. Let $X \subset \Sigma^{\mathbb{N}}$ be the state space of a topologically mixing one-sided subshift of finite type, with an invariant Gibbs measure $\mu$, and the combinatorial distance $d(x, y)=\beta^{s(x, y)}$, where $\beta<1$ is some fixed number and $s(x, y)$ is the separation time of $x$ and $y$, i.e., the minimum number $n$ such that $T^{n} x$ and $T^{n} y$ do not belong to the same element of the Markov partition. Writing $x=\left(x_{0} x_{1} \ldots\right)$ and $y=\left(y_{0} y_{1} \ldots\right)$, then $s(x, y)=\inf \left\{n: x_{n} \neq y_{n}\right\}$.

Theorem 2.1. The system $(X, T, \mu)$ satisfies an exponential concentration inequality.
Fix a separately Lipschitz function $K\left(x_{0}, \ldots, x_{n-1}\right)$. We consider it as a function on $X^{\mathbb{N}}$ depending only on the first $n$ coordinates (therefore, we will write $\operatorname{Lip}_{i}(K)=0$ for $i \geq n$ ). We endow $X^{\mathbb{N}}$ with the measure $\mu_{\infty}$ limit of the $\mu_{N}$ when $N \rightarrow \infty$. On $X^{\mathbb{N}}$, let $\mathcal{F}_{p}$ be the $\sigma$-algebra of events depending only on the coordinates $\left(x_{j}\right)_{j \geq p}$ (this is a decreasing sequence of $\sigma$-fields). We want to write the function $K$ as a sum of reverse martingale differences with respect to this sequence. Therefore, let $K_{p}=\mathbb{E}\left(K \mid \mathcal{F}_{p}\right)$ and $D_{p}=K_{p}-K_{p+1}$. The function $D_{p}$ is $\mathcal{F}_{p}$-measurable and $\mathbb{E}\left(D_{p} \mid \mathcal{F}_{p+1}\right)=0$. Moreover, $K-\mathbb{E}(K)=\sum_{p \geq 0} D_{p}$.

The main point of the proof is to get a good bound on $D_{p}$ :
Lemma 2.2. There exist $C>0$ and $\rho<1$ such that, for any $p$, one has

$$
\left|D_{p}\right| \leq C \sum_{j=0}^{p} \rho^{p-j} \operatorname{Lip}_{j}(K)
$$

We then use the Hoeffding-Azuma inequality (see e.g. [MS86, p. 33] or [Led01, p. 68]), saying that for such a sum of martingale increments,

$$
\mathbb{E}\left(e^{\sum_{p=0}^{P-1} D_{p}}\right) \leq e^{\sum_{p=0}^{P-1} \sup \left|D_{p}\right|^{2}} .
$$

The Cauchy-Schwarz inequality gives

$$
\begin{aligned}
\left(\sum_{j=0}^{p} \rho^{p-j} \operatorname{Lip}_{j}(K)\right)^{2} & \leq\left(\sum_{j=0}^{p} \rho^{p-j} \operatorname{Lip}_{j}(K)^{2}\right) \cdot\left(\sum_{j=0}^{p} \rho^{p-j}\right) \\
& \leq C \sum_{j=0}^{p} \rho^{p-j} \operatorname{Lip}_{j}(K)^{2}
\end{aligned}
$$

Summing over $p$, we get $\sum_{p=0}^{P-1} \sup \left|D_{p}\right|^{2} \leq C \sum_{j} \operatorname{Lip}_{j}(K)^{2}$. Using the HoeffdingAzuma inequality at a fixed index $P$, and then letting $P$ tend to infinity, we get $\mathbb{E}\left(e^{\sum D_{p}}\right) \leq e^{C \sum \operatorname{Lip}_{j}(K)^{2}}$, which is the desired exponential concentration inequality since $\sum D_{p}=K-\mathbb{E}(K)$.

It remains to prove Lemma 2.2. Let $g$ denote the inverse of the jacobian of $T$, and $g^{(k)}$ the inverse of the jacobian of $T^{k}$. Let $\mathcal{L}$ denote the transfer operator associated to the map $T$, defined by duality by $\int u \cdot v \circ T \mathrm{~d} \mu=\int \mathcal{L} u \cdot v \mathrm{~d} \mu$. It can be written as $\mathcal{L} u(x)=\sum_{T y=x} g(y) u(y)$. In the same way, $\mathcal{L}^{k} u(x)=\sum_{T^{k} y=x} g^{(k)}(y) u(y)$. One can define a Markov chain by jumping from a point $x$ to one of its preimages $y$ with the probability $g(y)$, then $\mathcal{L}$ is simply the Markov operator corresponding to this Markov chain. In particular,

$$
\begin{aligned}
K_{p}\left(x_{p}, x_{p+1}, \ldots\right) & =\mathbb{E}\left(K \mid \mathcal{F}_{p}\right)\left(x_{p}, x_{p+1}, \ldots\right)=\mathbb{E}\left(K\left(X_{0}, \ldots, X_{p-1}, x_{p}, \ldots\right) \mid X_{p}=x_{p}\right) \\
& =\sum_{T^{p}(y)=x_{p}} g^{(p)}(y) K\left(y, \ldots, T^{p-1} y, x_{p}, \ldots\right) .
\end{aligned}
$$

To prove that $D_{p}$ is bounded, i.e., $K_{p}$ is close to $K_{p+1}$, one should show that this quantity does not depend too much on $x_{p}$. The preimages of $x_{p}$ under $T^{p}$ equidistribute in the space, therefore one should be able to show that $K_{p}$ is close to an integral quantity. This is done in the following lemma.

Lemma 2.3. We have

$$
\left|K_{p}\left(x_{p}, \ldots\right)-\int K\left(y, \ldots, T^{p-1} y, x_{p}, \ldots\right) \mathrm{d} \mu(y)\right| \leq C \sum_{j=0}^{p-1} \operatorname{Lip}_{j}(K) \rho^{p-1-j}
$$

where $C>0$ and $\rho<1$ only depend on ( $X, T$ ).
This lemma implies in particular that $K_{p}\left(x_{p}, x_{p+1}, \ldots\right)-K_{p}\left(x_{p}^{\prime}, x_{p+1}, \ldots\right)$ is bounded by $C \sum_{j=0}^{p} \operatorname{Lip}_{j}(K) \rho^{p-j}$. Averaging over the preimages $x_{p}^{\prime}$ of $x_{p+1}$, we get the same bound for $D_{p}\left(x_{p}, x_{p+1}, \ldots\right)$, proving Lemma 2.2.
Proof of Lemma 2.3. The equidistribution of the Markov chain starting from $x_{p}$ is formulated most conveniently in terms of the transfer operators, which act on functions of one variable. Therefore, we will eliminate the variables $x_{0}, \ldots, x_{p-1}$ one after the other. Let us fix a point $x_{*}$ in $X$, we decompose $K_{p}$ as

$$
\begin{aligned}
K_{p}\left(x_{p}, \ldots\right)= & \sum_{i=0}^{p-1} \sum_{T^{p}(y)=x_{p}} g^{(p)}(y)\left(K\left(y, \ldots, T^{i} y, x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)\right. \\
& \left.\quad-K\left(y, \ldots, T^{i-1} y, x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)\right) \\
& +K\left(x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)
\end{aligned}
$$

For fixed $i$, we may group together those points $y \in T^{-p}\left(x_{p}\right)$ that have the same image under $T^{i}$, splitting the sum $\sum_{T^{p}(y)=x_{p}}$ as $\sum_{T^{p-i}(z)=x_{p}} \sum_{T^{i}(y)=z}$. Since the jacobian is multiplicative, one has $g^{(p)}(y)=g^{(i)}(y) g^{(p-i)}(z)$. Let us define a function

$$
\begin{align*}
f_{i}(z)= & \sum_{T^{i} y=z} g^{(i)}(y)\left(K\left(y, \ldots, T^{i} y, x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)\right. \\
& \left.\quad-K\left(y, \ldots, T^{i-1} y, x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)\right) \\
= & \sum_{T^{i} y=z} g^{(i)}(y) H\left(y, \ldots, T^{i} y\right) . \tag{2.1}
\end{align*}
$$

Denoting by $\mathcal{L}$ the transfer operator (which satisfies $\left.\mathcal{L}^{k} f(x)=\sum_{T^{k}(z)=x} g^{(k)}(z) f(z)\right)$, we obtain

$$
K_{p}\left(x_{p}, \ldots\right)=\sum_{i=0}^{p-1} \mathcal{L}^{p-i} f_{i}\left(x_{p}\right)+K\left(x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)
$$

The function $H$ is bounded by $\operatorname{Lip}_{i}(K)$, hence $\left|f_{i}\right| \leq C \operatorname{Lip}_{i}(K)\left(\right.$ since $\sum_{T^{i} y=z} g^{(i)}$ $(y)=1$ by invariance of the measure). To estimate the Lipschitz norm of $f_{i}$, we write

$$
\begin{align*}
f_{i}(z)-f_{i}\left(z^{\prime}\right)= & \sum\left(g^{(i)}(y)-g^{(i)}\left(y^{\prime}\right)\right) H\left(y, \ldots, T^{i} y\right) \\
& +\sum g^{(i)}\left(y^{\prime}\right)\left(H\left(y, \ldots, T^{i} y\right)-H\left(y^{\prime}, \ldots, T^{i} y^{\prime}\right)\right), \tag{2.2}
\end{align*}
$$

where $z$ and $z^{\prime}$ are two points in the same partition element, and their respective preimages $y, y^{\prime}$ are paired according to the cylinder of length $i$ they belong to. A distortion control gives $\left|g^{(i)}(y)-g^{(i)}\left(y^{\prime}\right)\right| \leq C g^{(i)}(y) d\left(z, z^{\prime}\right)$, hence the first sum is bounded by $C \operatorname{Lip}_{i}(K) d\left(z, z^{\prime}\right)$. For the second sum, substituting successively each $T^{j} y$ with $T^{j} y^{\prime}$, we have

$$
\begin{aligned}
\left|H\left(y, \ldots, T^{i} y\right)-H\left(y^{\prime}, \ldots, T^{i} y^{\prime}\right)\right| & \leq 2 \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) d\left(T^{j} y, T^{j} y^{\prime}\right) \\
& \leq 2 \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) \beta^{i-j} d\left(z, z^{\prime}\right)
\end{aligned}
$$

Summing over the different preimages of $z$, we deduce that the Lipschitz norm of $f_{i}$ is bounded by $C \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) \beta^{i-j}$.

Let $\mathcal{C}$ be the space of Lipschitz functions on $X$, with its canonical norm $\|f\|_{\mathcal{C}}=$ $\sup |f|+\operatorname{Lip}(f)$. The operator $\mathcal{L}$ has a spectral gap on $\mathcal{C}$ : there exist $C>0$ and $\rho<1$ such that $\left\|\mathcal{L}^{k} f-\int f \mathrm{~d} \mu\right\|_{\mathcal{C}} \leq C \rho^{k}\|f\|_{\mathcal{C}}$. We get $\left\|\mathcal{L}^{p-i} f_{i}-\int f_{i} \mathrm{~d} \mu\right\|_{\mathcal{C}} \leq$ $C \rho^{p-i} \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) \beta^{i-j}$. This bound in $\mathcal{C}$ implies in particular a bound for the supremum. Increasing $\rho$ if necessary, we can assume $\rho \geq \beta$. Summing those bounds, one obtains

$$
\begin{aligned}
& \left|K_{p}\left(x_{p}, \ldots\right)-\sum_{i=0}^{p-1} \int f_{i} \mathrm{~d} \mu-K\left(x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)\right| \\
& \quad \leq C \sum_{i=0}^{p-1} \rho^{p-i} \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) \rho^{i-j} \leq C \sum_{j=0}^{p-1} \operatorname{Lip}_{j}(K) \rho^{p-j}(p-j) \\
& \quad \leq C^{\prime} \sum_{j=0}^{p-1} \operatorname{Lip}_{j}(K)\left(\rho^{\prime}\right)^{p-j}
\end{aligned}
$$

for any $\rho^{\prime} \in(\rho, 1)$.
Finally, when one computes the sum of the integrals of $f_{i}$, there are again cancelations, leaving only $\int K\left(y, \ldots, T^{p-1} y, x_{p}, \ldots\right) \mathrm{d} \mu(y)$.
2.2. Bilateral subshifts of finite type. We consider now $X_{\mathbb{Z}} \subset \Sigma^{\mathbb{Z}}$ the state space of a topologically mixing bilateral subshift of finite type, together with an invariant Gibbs measure $\mu_{\mathbb{Z}}$. For two points $x=\left(\ldots x_{-1} x_{0} x_{1} \ldots\right)$ and $y=\left(\ldots y_{-1} y_{0} y_{1} \ldots\right)$ in $X_{\mathbb{Z}}$, let $s_{\mathbb{Z}}$ be their bilateral separation time, i.e., $\inf \left\{|n|: x_{n} \neq y_{n}\right\}$, and define a distance $d_{\mathbb{Z}}(x, y)=\beta^{s_{\mathbb{Z}}(x, y)}$ for some $\beta<1$. We denote a function on $X_{\mathbb{Z}}^{n}$ by $K_{\mathbb{Z}}\left(x_{0}, \ldots, x_{n-1}\right)$, to emphasize the dependence both on the past and the future.

Theorem 2.4. The system $\left(X_{\mathbb{Z}}, T, \mu_{\mathbb{Z}}\right)$ satisfies an exponential concentration inequality.
This is stronger than Theorem 2.1, which proves this statement for functions $K_{\mathbb{Z}}\left(x_{0}\right.$, $\ldots, x_{n-1}$ ) depending only on the future $\left(x_{i}\right)_{0}^{\infty}$ of each variable. We will deduce Theorem 2.4 from this statement by an approximation argument, by sending everything far away in the future.

Proof. Let us first assume that $X_{\mathbb{Z}}$ is the full shift. We fix a function $K_{\mathbb{Z}}\left(x_{0}, \ldots, x_{n-1}\right)$ depending both on the past and future of the variables. For $N \in \mathbb{N}$, we define $K_{N}\left(x_{0}, \ldots, x_{n+N-1}\right)=K_{\mathbb{Z}}\left(x_{N}, \ldots, x_{n+N-1}\right)$. Thanks to the invariance of the measure, it is equivalent to prove concentration inequalities for $K_{\mathbb{Z}}$ or $K_{N}$.

Let us now define a function $\Phi_{N}: X_{\mathbb{Z}}^{n+N} \rightarrow X_{\mathbb{Z}}^{n+N}$ depending only on the future of the variables, and let us write $\tilde{K}_{N}=K_{N} \circ \Phi_{N}$. Since this function only depends on the future, Theorem 2.1 applies to it.

We set $\Phi_{N}\left(x_{0}, \ldots, x_{n+N-1}\right)=\left(y_{0}, \ldots, y_{n+N-1}\right)$, where the $y_{i}$ are defined inductively as follows. First, let us choose an arbitrary past $(p)_{-\infty}^{-1}$, and let $y_{0}=$ $\left((p)_{-\infty}^{-1},\left(x_{0}\right)_{0}^{\infty}\right)$ : it only depends on the future of $x_{0}$. If $y_{0}, \ldots, y_{i-1}$ are already defined, we let $y_{i}=\left(\left(y_{i-1}\right)_{-\infty}^{0},\left(x_{i}\right)_{0}^{\infty}\right)$. In other words,

$$
\begin{equation*}
y_{i}=\left((p)_{-\infty}^{-1},\left(x_{0}\right)_{0},\left(x_{1}\right)_{0}, \ldots,\left(x_{i-1}\right)_{0},\left(x_{i}\right)_{0}^{\infty}\right) \tag{2.3}
\end{equation*}
$$

with an origin laid on $\left(x_{i}\right)_{0}$. This defines the function $\Phi_{N}$, only depending on the future of the points.

Let us study the Lipschitz constants of $\tilde{K}_{N}=K_{N} \circ \Phi_{N}$. If we fix $x_{j}$ for $j \neq i$ and vary $x_{i}$, then we change $y_{j}$ for $j \geq i$, at its coordinate with index $-(j-i)$. Therefore,

$$
\operatorname{Lip}_{i}\left(\tilde{K}_{N}\right) \leq \sum_{j \geq i} \operatorname{Lip}_{j}\left(K_{N}\right) \beta^{j-i}
$$

With Cauchy-Schwarz inequality, we get $\sum \operatorname{Lip}_{i}\left(\tilde{K}_{N}\right)^{2} \leq C \sum_{\tilde{K}} \operatorname{Lip}_{i}\left(K_{N}\right)^{2}=$ $C \sum \operatorname{Lip}_{i}\left(K_{\mathbb{Z}}\right)^{2}$, for some constant $C$. Applying Theorem 2.1 to $\tilde{K}_{N}$ and changing variables by $x^{\prime}=T^{N} x$, we obtain

$$
\begin{aligned}
& \int e^{\tilde{K}_{N}\left(T^{-N} x^{\prime}, \ldots, T^{-1} x^{\prime}, x^{\prime}, \ldots, T^{n-1} x^{\prime}\right)} \mathrm{d} \mu_{\mathbb{Z}}\left(x^{\prime}\right) \\
& \leq e^{\int \tilde{K}_{N}\left(T^{-N} x^{\prime}, \ldots, T^{-1} x^{\prime}, x^{\prime}, \ldots, T^{n-1} x^{\prime}\right) \mathrm{d} \mu_{\mathbb{Z}}\left(x^{\prime}\right)} e^{C \sum_{i=0}^{n-1} \operatorname{Lip}_{i}\left(K_{\mathbb{Z}}\right)^{2}} .
\end{aligned}
$$

By construction, the function $\tilde{K}_{N}\left(T^{-N} x^{\prime}, \ldots, T^{-1} x^{\prime}, x^{\prime}, \ldots, T^{n-1} x^{\prime}\right)$ converges to $K_{\mathbb{Z}}\left(x^{\prime}, \ldots, T^{n-1} x^{\prime}\right)$ when $N$ tends to infinity. Hence, the previous equation gives the desired exponential concentration.

When $X_{\mathbb{Z}}$ is not the full shift, there is an additional difficulty: one can not define $\Phi_{N}$ as above, since a point defined in (2.3) might use forbidden transitions. We should therefore modify the definition of $\Phi_{N}$ as follows. For any symbol $a$ of the alphabet, we fix a legal past $p(a)$ of $a$. We define $\Phi_{N}\left(x_{0}, \ldots, x_{N+n-1}\right)=\left(y_{0}, \ldots, y_{N+n-1}\right)$ by $y_{0}=\left(p\left(\left(x_{0}\right)_{0}\right),\left(x_{0}\right)_{0}^{\infty}\right)$ (this point is admissible). Then, if the transition from $\left(x_{i-1}\right)_{0}$ to $\left(x_{i}\right)_{0}$ is permitted, we let $y_{i}=\left(\left(y_{i-1}\right)_{-\infty}^{0},\left(x_{i}\right)_{0}^{\infty}\right)$, and otherwise we let $y_{i}=\left(p\left(\left(x_{i}\right)_{0}\right),\left(x_{i}\right)_{0}^{\infty}\right)$. Therefore, the points $y_{i}$ only use permitted transitions. The rest of the argument goes through without modification.

## 3. Uniform Young Towers with Exponential Tails

There are two different definitions of Young towers, given respectively in [You98] and [You99]. The difference is on the definition of the separation time: in the first definition, one considers that the dynamics is expanding at every iteration, while in the second definition one considers that the dynamics is expanding only when one returns to the basis of the tower. Therefore, there is less expansion with the second definition than with the first one, making it more difficult to handle. We will say that Young towers in the first sense are uniform, while Young towers in the second sense are non-uniform. In this section, we work with the (easier) first definition, which turns out to be the most interesting when dealing with exponential tails. Here is the formal definition of a uniform Young tower: it is a space $\Delta$ satisfying the following properties:
(1) This space is partitioned into subsets $\Delta_{\alpha, \ell}$ (for $\alpha \in \mathbb{N}$ and $\ell \in[0, \phi(\alpha)-1]$, where $\phi$ is an integer-valued return time function). The dynamics sends bijectively $\Delta_{\alpha, \ell}$ on $\Delta_{\alpha, \ell+1}$ if $\ell<\phi(\alpha)-1$, and $\Delta_{\alpha, \phi(\alpha)-1}$ on $\Delta_{0}:=\bigcup_{\alpha} \Delta_{\alpha, 0}$.
(2) The distance is given by $d(x, y)=\beta^{s(x, y)}$, where $\beta<1$ and $s(x, y)$ is the separation time for the whole dynamics, i.e., the first $n$ such that $T^{n} x$ and $T^{n} y$ are not in the same element of the partition.
(3) There is an invariant probability measure $\mu$ such that the inverse $g$ of its jacobian satisfies $|g(x) / g(y)-1| \leq C d(T x, T y)$ for any $x$ and $y$ in the same element of the partition.
(4) We have $\operatorname{gcd}(\phi(\alpha): \alpha \in \mathbb{N})=1$ (i.e., the tower is aperiodic).

When the return time function $\phi$ has exponential tails, i.e., there exists $c_{0}>0$ with $\int_{\Delta_{0}} e^{c_{0} \phi} \mathrm{~d} \mu<\infty$, we say that the tower has exponential tails. We will write $h(x)=\ell$ if $x \in \Delta_{\alpha, \ell}$ : this is the height of the point in the tower. For $x \in \Delta$, we will also denote by $\pi x$ its projection in the basis, i.e., the unique point $y \in \Delta_{0}$ such that $T^{h(x)}(y)=x$.

Theorem 3.1. Let $(\Delta, T, \mu)$ be a uniform Young tower with exponential tails. It satisfies an exponential concentration inequality: there exists $C>0$ such that, for any $n \in \mathbb{N}$, for any separately Lipschitz function $K\left(x_{0}, \ldots, x_{n-1}\right)$,

$$
\begin{equation*}
\int e^{K\left(x, T x, \ldots, T^{n-1} x\right)} \mathrm{d} \mu(x) \leq e^{\int K\left(x, \ldots, T^{n-1} x\right) \mathrm{d} \mu(x)} e^{C \sum_{i=0}^{n-1} \operatorname{Li}_{i}(K)^{2}} \tag{3.1}
\end{equation*}
$$

Let us first remark that, for any $\epsilon_{0}>0$, it is sufficient to prove the theorem for functions $K$ such that $\operatorname{Lip}_{i}(K) \leq \epsilon_{0}$ for all $i$. Assume indeed that this is the case, and let us prove the general case. Let $K\left(x_{0}, \ldots, x_{n-1}\right)$ be a separately Lipschitz function. Let us fix an arbitrary point $x_{*}$ in $\Delta$. To any $\left(x_{0}, \ldots, x_{n-1}\right)$, we associate $\left(y_{0}, \ldots, y_{n-1}\right)$ by $y_{i}=x_{i}$ if $\operatorname{Lip}_{i}(K) \leq \epsilon_{0}$ and $y_{i}=x_{*}$ otherwise. The function $\tilde{K}\left(x_{0}, \ldots, x_{n-1}\right)=$ $K\left(y_{0}, \ldots, y_{n-1}\right)$ satisfies $\operatorname{Lip}_{i}(\tilde{K}) \leq \epsilon_{0}$ for all $i$. Moreover,

$$
|K-\tilde{K}| \leq \sum_{i} \operatorname{Lip}_{i}(K) \mathbb{1}\left(\operatorname{Lip}_{i}(K)>\epsilon_{0}\right) \leq \sum_{i} \operatorname{Lip}_{i}(K)^{2} / \epsilon_{0}
$$

Therefore, the inequality (3.1) for $\tilde{K}$ readily implies the same inequality for $K$, with a different constant $C^{\prime}=C+2 / \epsilon_{0}$.

Let us now fix a suitable $\epsilon_{0}$ (the precise conditions will be given in the proof of Lemma 3.3), and let us consider a function $K$ with $\operatorname{Lip}_{i}(K) \leq \epsilon_{0}$ for all $i$. To prove the exponential concentration inequality, we follow the strategy of Sect. 2. Let $K_{p}\left(x_{p}, \ldots\right)=\mathbb{E}\left(K \mid \mathcal{F}_{p}\right)\left(x_{p}, \ldots\right)$; the first step is to prove an analogue of Lemma 2.3. Since the transfer operator has a spectral gap on a suitable space of functions, as shown by Young in [You98], we can easily mimic the proof of this lemma.

Lemma 3.2. For all $x_{p} \in \Delta_{0}$,

$$
\left|K_{p}\left(x_{p}, \ldots\right)-\int K\left(y, \ldots, T^{p-1} y, x_{p}, \ldots\right) \mathrm{d} \mu(y)\right| \leq C \sum_{j=0}^{p-1} \operatorname{Lip}_{j}(K) \rho^{p-1-j}
$$

where $C>0$ and $\rho<1$ only depend on $\Delta$.
The main difference with the subshift case is that this bound is only valid for $h\left(x_{p}\right)=$ 0 . It is of course false if $h\left(x_{p}\right)$ is large, since there is no averaging mechanism in this case.

Proof. As in the proof of Lemma 2.3, we write

$$
K_{p}\left(x_{p}, \ldots\right)=\sum_{i=0}^{p-1} \mathcal{L}^{p-i} f_{i}\left(x_{p}\right)+K\left(x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)
$$

where the function $f_{i}$ is bounded by $\operatorname{Lip}_{i}(K)$, and the Lipschitz norm of $f_{i}$ on any partition element is at most $C \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) \rho^{i-j}$ for some $\rho<1$.

Let $\mathcal{C}$ be the space of functions on $\Delta$ such that $|f(x)| \leq C e^{\epsilon h(x)}$ and $|f(x)-f(y)| \leq$ $C d(x, y) e^{\epsilon h(x)}$ for all $x, y$ in the same partition element. Young proves in [You98] that, if $\epsilon$ is small enough, then $\mathcal{L}$ has a spectral gap on $\mathcal{C}$ : there exist $C>0$ and $\rho<1$ such that $\left\|\mathcal{L}^{k} f-\int f \mathrm{~d} \mu\right\|_{\mathcal{C}} \leq C \rho^{k}\|f\|_{\mathcal{C}}$.

We obtain $\left\|\mathcal{L}^{p-i} f_{i}-\int f_{i} \mathrm{~d} \mu\right\|_{\mathcal{C}} \leq C \rho^{p-i} \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) \rho^{i-j}$. This bound in $\mathcal{C}$ gives in particular a bound on the supremum for points at height 0 , and in particular at the point $x_{p}$. Summing those bounds over $i$, we get the desired result exactly as in the proof of Lemma 2.3.

The next step of the proof is the following lemma. It is here that the Lipschitz constants $\operatorname{Lip}_{j}(K)$ should all be bounded by $\epsilon_{0}$. As before, let $K_{p}=\mathbb{E}\left(K \mid \mathcal{F}_{p}\right)$, and $D_{p}=K_{p}-K_{p+1}$.

Lemma 3.3. There exist $\epsilon_{0}>0, C_{1}>0$ and $\rho<1$ such that any function $K\left(x_{0}, \ldots, x_{n-1}\right)$ with $\operatorname{Lip}_{j}(K) \leq \epsilon_{0}$ for all $j$ satisfies, for any $p$,

$$
\mathbb{E}\left(e^{D_{p}} \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right) \leq e^{C_{1} \sum_{j=0}^{p} \operatorname{Lip}_{j}(K)^{2} \rho^{p-j}}
$$

Proof. If the height of $x_{p+1}$ is positive, then this point has a unique preimage $y$, and $D_{p}\left(y, x_{p+1}, \ldots\right)=0$. Therefore, $\mathbb{E}\left(e^{D_{p}} \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right)=1$ and the estimate is trivial.

Assume now that $h\left(x_{p+1}\right)=0$. Let us denote by $\left\{z_{\alpha}\right\}$ the preimages of $x_{p+1}$ under $T$ (with $\left.z_{\alpha} \in \Delta_{\alpha, \phi(\alpha)-1}\right)$. Let $A(z)=D_{p}\left(z, x_{p+1}, \ldots\right)$, we have $\mathbb{E}\left(e^{D_{p}} \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right)=\sum g\left(z_{\alpha}\right) e^{A\left(z_{\alpha}\right)}$.

Fix a point $z=z_{\alpha}$, with height $h \geq 0$. If $h \leq p$, consider the projection $\pi z$ of $z$ in the basis of the tower. Since $K_{p}(z, \ldots)=K_{p-h}(\pi z, \ldots, z, \ldots)$, Lemma 3.2 shows that $K_{p}(z, \ldots)$ is equal to $\int K\left(y, \ldots, T^{p-h} y, \pi z, \ldots\right) \mathrm{d} \mu(y)$ up to $C \sum_{j=0}^{p-h-1} \operatorname{Lip}_{j}(K) \rho^{p-h-1-j}$. Up to an additional error $\sum_{j=p-h}^{p} \operatorname{Lip}_{j}(K)$, this is equal to $\int K\left(y, \ldots, T^{p} y, x_{p+1}, \ldots\right) \mathrm{d} \mu(y)$. Applying again Lemma 3.2 (but to the point $x_{p+1}$ ), we obtain

$$
\begin{aligned}
|A(z)| & =\left|K_{p}\left(z, x_{p+1}, \ldots\right)-K_{p+1}\left(x_{p+1}, \ldots\right)\right| \\
& \leq C \sum_{j<p-h} \operatorname{Lip}_{j}(K) \rho^{p-h-j}+\sum_{j=p-h}^{p} \operatorname{Lip}_{j}(K)
\end{aligned}
$$

This estimate is also trivially true if $h>p$ (by convention, one sets $\operatorname{Lip}_{j}(K)=0$ for $j<0$ ). In particular, since sup $\operatorname{Lip}_{j}(K) \leq \epsilon_{0}$, we always get $|A(z)| \leq C_{0}(h+1) \epsilon_{0}$ for some $C_{0}>0$ (independent of the value of $\epsilon_{0}$ ). Using the inequality $\left(x_{1}+\cdots+x_{k}\right)^{2} \leq$ $k \sum x_{i}^{2}$, we get

$$
\begin{align*}
|A(z)|^{2} & \leq C\left(\sum_{j<p-h} \operatorname{Lip}_{j}(K) \rho^{p-h-j}\right)^{2}+C(h+1) \sum_{j=p-h}^{p} \operatorname{Lip}_{j}(K)^{2} \\
& \leq C \sum_{j<p-h} \operatorname{Lip}_{j}(K)^{2} \rho^{p-h-j}+C(h+1) \sum_{j=p-h}^{p} \operatorname{Lip}_{j}(K)^{2} \tag{3.2}
\end{align*}
$$

where we used Cauchy-Schwarz inequality in the last inequality.
The function $A$ satisfies a neat bound on points $z_{\alpha}$ with small height, but it is unbounded on points with large height. Therefore, the Hoeffding-Azuma inequality does not apply (contrary to the subshift of finite type case). While there are certainly exponential inequalities in the literature that can handle this situation, it is simpler to reprove everything since we are not interested in good constants.

We have $\left|e^{A}-1-A\right| \leq A^{2} e^{|A|}$ for any real number $A$. Therefore,

$$
\left|\sum_{\alpha} g\left(z_{\alpha}\right)\left(e^{A\left(z_{\alpha}\right)}-1-A\left(z_{\alpha}\right)\right)\right| \leq \sum g\left(z_{\alpha}\right) A\left(z_{\alpha}\right)^{2} e^{\left|A\left(z_{\alpha}\right)\right|} .
$$

In the right-hand side, $g\left(z_{\alpha}\right) \leq C \mu\left(\Delta_{\alpha, 0}\right)$ by bounded distortion, and $\left|A\left(z_{\alpha}\right)\right| \leq$ $C_{0} \epsilon_{0}(1+\phi(\alpha))$ as we explained above. Together with (3.2), we get

$$
\begin{aligned}
& \sum g\left(z_{\alpha}\right) A\left(z_{\alpha}\right)^{2} e^{\left|A\left(z_{\alpha}\right)\right|} \\
& \leq C \sum_{h \geq 0} \mu(\phi=h) e^{C_{0} \epsilon_{0} h}\left(\sum_{j<p-h} \operatorname{Lip}_{j}(K)^{2} \rho^{p-h-j}+(h+1) \sum_{j=p-h}^{p} \operatorname{Lip}_{j}(K)^{2}\right)
\end{aligned}
$$

Since the tower has exponential tails, we have $\mu(\phi=h) \leq \rho_{0}^{h}$ for some $\rho_{0}<1$. If $\epsilon_{0}$ is small enough, we get $\mu(\phi=h) e^{C_{0} \epsilon_{0} h} \leq \rho_{1}^{h}$ for some $\rho_{1}<1$. Therefore, in the previous bound, the coefficient of $\operatorname{Lip}_{j}(K)^{2}$ is at most

$$
\sum_{h<p-j} \rho_{1}^{h} \rho^{p-h-j}+\sum_{h \geq p-j}(h+1) \rho_{1}^{h} \leq(p-j) \rho_{2}^{p-j}+\rho_{2}^{p-j},
$$

for some $\rho_{2}<1$. This is bounded by $C \rho^{p-j}$ for some $\rho<1$. Hence, we have proved that

$$
\left|\sum_{\alpha} g\left(z_{\alpha}\right)\left(e^{A\left(z_{\alpha}\right)}-1-A\left(z_{\alpha}\right)\right)\right| \leq C \sum_{j \leq p} \rho^{p-j} \operatorname{Lip}_{j}(K)^{2}
$$

Since $\sum g\left(z_{\alpha}\right)=1$ and $\sum g\left(z_{\alpha}\right) A\left(z_{\alpha}\right)=0$, the left hand side is equal to $\left|\sum g\left(z_{\alpha}\right) e^{A\left(z_{\alpha}\right)}-1\right|$. Finally,

$$
\begin{aligned}
\left|\mathbb{E}\left(e^{D_{p}} \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right)\right| & =\left|\sum g\left(z_{\alpha}\right) e^{A\left(z_{\alpha}\right)}\right| \leq 1+C \sum_{j \leq p} \rho^{p-j} \operatorname{Lip}_{j}(K)^{2} \\
& \leq e^{C \sum_{j \leq p} \rho^{p-j} \operatorname{Lip}_{j}(K)^{2}}
\end{aligned}
$$

This concludes the proof.

Proof of Theorem 3.1. Consider a function $K$ with $\operatorname{Lip}_{j}(K) \leq \epsilon_{0}$ for all $j$. Using inductively Lemma 3.3, we get for any $P$,

$$
\mathbb{E}\left(e^{\sum_{p=0}^{P-1} D_{p}} \mid \mathcal{F}_{P}\right) \leq e^{C_{1} \sum_{p=0}^{P-1} \sum_{j=0}^{p} \operatorname{Lip}_{j}(K)^{2} \rho^{p-j}} \leq e^{C \sum \operatorname{Lip}_{j}(K)^{2}}
$$

Since $\sum_{p=0}^{P-1} D_{p}$ converges to $K-\mathbb{E}(K)$ when $P$ tends to infinity, we obtain $\mathbb{E}\left(e^{K-\mathbb{E}(K)}\right) \leq e^{C \sum \operatorname{Lip}_{j}(K)^{2}}$. This proves the exponential concentration inequality in this case. The general case follows, as we explained after the statement of the theorem.

The exponential concentration inequalities for uniform Young towers with exponential tails easily extends to invertible situations, as follows. Consider $T_{\mathbb{Z}}: \Delta_{\mathbb{Z}} \rightarrow \Delta_{\mathbb{Z}}$ the natural extension of such a Young tower, with bilateral separation time $s_{\mathbb{Z}}$, and distance $d_{\mathbb{Z}}(x, y)=\beta^{s_{\mathbb{Z}}(x, y)}$ for some $\beta<1$.

Theorem 3.4. The transformation $T_{\mathbb{Z}}$ satisfies an exponential concentration inequality.
The proof is exactly the same as the proof of Theorem 2.4, exploiting the result for the non-invertible transformation.

## 4. Non-uniform Young Towers with Polynomial Tails

In this section, we consider Young towers in the sense of [You99], i.e., non-uniform Young towers. The combinatorial definition is the same as in Sect. 3, the difference is on the definition of the separation time (and therefore of the distance) as follows. Let $\Delta_{0}$ be the basis of the tower, let $T_{0}: \Delta_{0} \rightarrow \Delta_{0}$ be the induced map on $\Delta_{0}$ (i.e., $T_{0}(x)=T^{\phi(x)}(x)$, where $\phi(x)$ is the return time of $x$ to $\left.\Delta_{0}\right)$. For $x, y \in \Delta_{0}$, let $s(x, y)$ be the smallest integer $n$ such that $T_{0}^{n}(x)$ and $T_{0}^{n}(y)$ are not in the same partition element. This separation time is extended to $\Delta$ as follows. For $x, y \in \Delta$, let $s(x, y)=s(\pi x, \pi y)$ if $x$ and $y$ are in the same partition element, and $s(x, y)=0$ otherwise. In other words, $s(x, y)$ is the number of returns to the basis before the trajectories of $x$ and $y$ separate. Finally, the new distance is $d(x, y)=\beta^{s(x, y)}$ for some $\beta<1$.

Intuitively, we are now considering maps that are expanding only when one returns to the basis, and can be isometries between successive returns, while the maps of Sect. 3 are always expanding. The setting is not uniformly expanding any more, rather non-uniformly expanding. For instance, intermittent maps can be modeled using non-uniform Young towers.

If the tails are not exponential any more, one can not hope to get exponential concentration inequalities. If the tails have a moment of order $q \geq 2$, then the moments of order $2 q-2$ of Birkhoff sums are controlled, and this is optimal [MN08, Thm. 3.1]. Our goal in this section is to generalize this result to a concentration inequality (with the same optimal moment).

Theorem 4.1. Let $T: \Delta \rightarrow \Delta$ be a non-uniform Young tower. Assume that, for some $q \geq 2, \sum \phi(\alpha)^{q} \mu\left(\Delta_{\alpha, 0}\right)<\infty$. Then $T$ satisfies a polynomial concentration inequality with moment $2 q-2$, i.e., there exists a constant $C>0$ such that, for any $n \in \mathbb{N}$, for any separately Lipschitz function $K\left(x_{0}, \ldots, x_{n-1}\right)$,

$$
\begin{aligned}
& \int\left|K\left(x, \ldots, T^{n-1} x\right)-\int K\left(y, \ldots, T^{n-1} y\right) \mathrm{d} \mu(y)\right|^{2 q-2} \mathrm{~d} \mu(x) \\
& \quad \leq C\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}
\end{aligned}
$$

The proof is considerably more difficult than the arguments in the previous section (and also than the arguments of [MN08] since the main inequality these arguments rely on, due to Rio, is of no help in our situation). The general strategy is the same as in the previous sections: decompose $K-\mathbb{E}(K)$ as $\sum D_{p}$, where $D_{p}$ is a martingale difference sequence, obtain good estimates on $D_{p}$, and then apply a martingale inequality (in our case, the Rosenthal-Burkholder inequality) to obtain a bound on $K-\mathbb{E}(K)$. The difficulty comes from the non-uniform expansion of the map: instead of a uniformly decaying geometric series as in the previous sections, our estimates will be non-uniform, quantified by the number of visits to the basis in a definite amount of time.

The rest of this section is devoted to the proof of Theorem 4.1. In particular, we will always assume that $\Delta$ is a non-uniform Young tower satisfying $\sum \phi(\alpha)^{q} \mu\left(\Delta_{\alpha, 0}\right)<\infty$ for some $q \geq 2$.

Remark 4.2. The arguments below also give an exponential concentration inequality in non-uniform Young towers with exponential tails, thereby strengthening Theorem 3.1. Since most interesting Young towers with exponential tails are uniform, we will not give further details in this direction.
4.1. Notations. As usual, the letter $C$ denotes a constant that may change from one occurrence to the next. Let us also introduce a similar notation for sequences. For $Q \geq 0$, we will write $c_{n}^{(Q)}$ for a sequence of nonnegative numbers such that $\sum n^{Q} c_{n}^{(Q)}<\infty$, and we will allow this sequence to change from one line to the other (or even on the same line). We will also write $d_{n}^{(Q)}$ for a generic nonincreasing sequence with $\sum n^{Q} d_{n}^{(Q)}<\infty$.

If $u_{n}$ and $v_{n}$ are sequences, their convolution $u \star v$ is given by $(u \star v)_{n}=\sum_{k=0}^{n} u_{k} v_{n-k}$. One easily checks that, for $Q, Q^{\prime} \geq 0$,

$$
\begin{equation*}
\left(c^{(Q)} \star c^{\left(Q^{\prime}\right)}\right)_{n} \leq c_{n}^{\left(\min \left(Q, Q^{\prime}\right)\right)} . \tag{4.1}
\end{equation*}
$$

Following the above convention, this statement should be understood as follows: if two sequences $u$ and $v$ satisfy, respectively, $\sum n Q_{u_{n}}<\infty$ and $\sum n{ }_{n} Q^{\prime} v_{n}<\infty$, then $w=u \star v$ satisfies $\sum n^{\min \left(Q, Q^{\prime}\right)} w_{n}<\infty$. Indeed, letting $Q^{\prime \prime}=\min \left(Q, Q^{\prime}\right)$,

$$
\begin{aligned}
\sum n^{Q^{\prime \prime}} w_{n} & =\sum_{k, \ell}(k+\ell)^{Q^{\prime \prime}} u_{k} v_{\ell} \leq \sum_{k, \ell}(k+1)^{Q^{\prime \prime}}(\ell+1)^{Q^{\prime \prime}} u_{k} v_{\ell} \\
& \leq\left(\sum(k+1)^{Q^{Q}} u_{k}\right) \cdot\left(\sum(\ell+1)^{Q^{\prime}} v_{\ell}\right)<\infty
\end{aligned}
$$

We also have for $Q \geq 1$,

$$
\begin{equation*}
\sum_{k=n}^{\infty} c_{k}^{(Q)} \leq d_{n}^{(Q-1)} \tag{4.2}
\end{equation*}
$$

Indeed,

$$
\sum n^{Q-1} \sum_{k=n}^{\infty} c_{k}^{(Q)}=\sum_{k}\left(\sum_{n=0}^{k} n^{Q-1}\right) c_{k}^{(Q)} \leq \sum_{k} C k^{Q} c_{k}^{(Q)}<\infty,
$$

and the sequence $\sum_{k=n}^{\infty} c_{k}^{(Q)}$ is nonincreasing.
4.2. Renewal sequences of operators, estimates on the returns to the basis. An important tool for our study will be renewal sequences of operators, as developed by Sarig and Gouëzel [Sar02, Gou04b, Gou04c], that we will now quickly describe.

Consider a function $f$; we wish to understand $\mathcal{L}^{n} f(x)=\sum_{T^{n} y=x} g^{(n)}(y) f(y)$ for $x \in \Delta_{0}$. For a preimage $y$ of $x$ under $T^{n}$, we can consider its first entrance into $\Delta_{0}$, and then its successive returns to $\Delta_{0}$. We obtain a decomposition

$$
\begin{equation*}
1_{\Delta_{0}} \mathcal{L}^{n}=\sum_{k+b=n} T_{k} B_{b} \tag{4.3}
\end{equation*}
$$

where $T_{k}$ takes the successive returns to $\Delta_{0}$ (during time $k$ ) into account, and $B_{b}$ deals with the part of the trajectory outside $\Delta_{0}$. Formally, for $x \in \Delta_{0}, T_{k} f(x)=$ $\sum g^{(k)}(y) f(y)$, where the sum is restricted to those $y$ such that $T^{k} y=x$ and $y \in \Delta_{0}$. The operator $B_{b}$, in turn, is given on $\Delta_{0}$ by $B_{b} f(x)=\sum g^{(b)}(y) f(y)$, where the sum is restricted to those $y$ with $T^{b} y=x$ and $y, \ldots, T^{b-1} y \notin \Delta_{0}$.

The operators $B_{b}$ are essentially trivial to understand, their behavior being controlled by the tails of the return time function $\phi$. On the other hand, the operators $T_{k}$ embody most of the dynamics of the transformation. To understand them, we introduce yet another operator $R_{j}$ considering only the first return to $\Delta_{0}$ at time $j$, i.e., $R_{j} f(x)=\sum g^{(j)}(y) f(y)$, where the sum is restricted to those $y$ such that $T^{j} y=x$ and $y \in \Delta_{0}, T y, \ldots, T^{j-1} y \notin \Delta_{0}$. Splitting a trajectory into its successive excursions outside of $\Delta_{0}$, one obtains

$$
T_{k}=\sum_{\ell \geq 1} \sum_{j_{1}+\cdots+j_{\ell}=k} R_{j_{1}} \cdots R_{j_{\ell}}
$$

Formally, this equation can be written as

$$
\begin{equation*}
\sum T_{k} z^{k}=\left(I-\sum R_{j} z^{j}\right)^{-1} \tag{4.4}
\end{equation*}
$$

In fact, the series defined in this equation are holomorphic for $|z|<1$ (as operators acting on the space $\mathcal{C}$ of Lipschitz functions on $\Delta_{0}$ ) and this equality is a true equality between holomorphic functions. Moreover, the spectral radius of $\sum R_{j} z^{j}$ is at most 1 for $|z| \leq 1$.

A powerful way to use the previous equality is Banach algebra techniques. Simple examples of Banach algebras are given by Banach spaces $\mathcal{B}$ of sequences $c_{n}$ such that, if $\left(c_{n}\right)_{n \in \mathbb{N}} \in \mathcal{B}$ and $\left(c_{n}^{\prime}\right)_{n \in \mathbb{N}} \in \mathcal{B}$, then their convolution $c \star c^{\prime}$ still belongs to $\mathcal{B}$. For instance, this is the case of sequences with a moment of order $Q \geq 0$ (by (4.1)), or of sequences satisfying $c_{n}=O\left(1 / n^{Q}\right)$ for some $Q>1$. Given such a Banach algebra of sequences $\mathcal{B}$, one can consider the Banach algebra $\tilde{\mathcal{B}}$ of sequences of operators $\left(M_{n}\right)_{n \in \mathbb{N}}$ (acting on some fixed Banach space $\mathcal{C}$ ) such that the sequence $\left(\left\|M_{n}\right\|\right)_{n \in \mathbb{N}}$ belongs to $\mathcal{B}$. One easily checks that $\tilde{\mathcal{B}}$ is again a Banach algebra (for the convolution product).

When the Banach algebra of sequences $\mathcal{B}$ satisfies a technical condition (its characters should all be given by evaluation of the power series $\sum c_{n} z^{n}$ at a point $z$ of the unit disk), which is satisfied in all examples we mentioned above, then one can use the Wiener Lemma to obtain the following property: if a sequence of operators $\left(M_{n}\right)_{n \in \mathbb{N}}$ belongs to $\tilde{\mathcal{B}}$ and $\sum M_{n} z^{n}$ is invertible as an operator on $\mathcal{C}$ for any $z$ in the closed unit disk, then $\left(M_{n}\right)_{n \in \mathbb{N}}$ is invertible in $\tilde{\mathcal{B}}$. In particular, the power series $\sum M_{n}^{\prime} z^{n}=\left(\sum M_{n} z^{n}\right)^{-1}$ satisfies $\left(\left\|M_{n}^{\prime}\right\|\right)_{n \in \mathbb{N}} \in \mathcal{B}$.

Using Banach algebra arguments and the renewal equation (4.4), the following proposition is proved in [Gou04c, Prop. 2.2.19].
Proposition 4.3. Consider a Banach algebra of sequences $\mathcal{B}$ satisfying several technical conditions. If the sequence $\left(\sum_{k>n} \mu(\phi=k)\right)_{n \in \mathbb{N}}$ belongs to $\mathcal{B}$, then this is also the case of the sequence $\left(\left\|T_{n+1}-T_{n}\right\|\right)_{n \in \mathbb{N}}$. Moreover, $T_{n}$ converges to $\Pi: f \mapsto\left(\int_{\Delta_{0}} f\right) 1_{\Delta_{0}}$.

The technical conditions on the Banach algebra (all the characters of $\mathcal{B}$ should be given by the evaluation at a point of the closed unit disk, and the symmetrized version of $\mathcal{B}$ should contain the Fourier coefficients of partitions of unity of the circle) will not be important for us; let us only mention that they are satisfied for the Banach algebras of series with moments of order $Q \geq 0$.

The contraction properties of the dynamics $T$ are dictated by the number of returns to the basis. Their asymptotics are estimated in the next lemma.
Lemma 4.4. For $x \in \Delta$, let $\psi_{n}(x)=\operatorname{Card}\left\{0 \leq k \leq n-1: T^{k} x \in \Delta_{0}\right\}$ be the number of visits to the basis of $x$ before time $n$, and let $\Psi_{n}(x)=\rho^{\psi_{n}(x)}$, where $\rho<1$. If the return time on $\Delta_{0}$ has a moment of order $q \geq 1$ (i.e., $\left.\mu(\phi=n) \leq c_{n}^{(q)}\right)$, we have

$$
\int_{T^{-n} \Delta_{0}} \Psi_{n} \mathrm{~d} \mu(x) \leq c_{n}^{(q-1)}
$$

This bound is optimal: on $\Delta_{\alpha, \phi(\alpha)-n}$ (for $\alpha$ with $\phi(\alpha)>n$ ), we have $\Psi_{n}=1$. Therefore, the integral in the lemma is bounded from below by $\mu\left(\bigcup_{\phi(\alpha)>n} \Delta_{\alpha, 0}\right) \sim$ $\sum_{n+1}^{\infty} c_{k}^{(q)} \sim c_{n}^{(q-1)}$.
Proof. Let us define an operator $U_{n}$ by the series $\sum U_{n} z^{n}=\sum_{k=0}^{\infty}\left(\rho \sum R_{n} z^{n}\right)^{k}=$ $\left(I-\rho \sum R_{n} z^{n}\right)^{-1}$. Then $U_{n} f(x)=\sum g^{(n)}(y) \Psi_{n}(y) f(y)$, where the sum is restricted to those $y \in \Delta_{0}$ with $T^{n} y=x$. Integrating and changing variables, we obtain

$$
\int_{\Delta_{0}} U_{n} 1(x) \mathrm{d} \mu(x)=\int_{\Delta_{0} \cap T^{-n}\left(\Delta_{0}\right)} \Psi_{n}(y) \mathrm{d} \mu(y)
$$

Since the spectral radius of $\sum R_{n} z^{n}$ is at most 1 for $|z| \leq 1$, it follows that $I-$ $\rho \sum R_{n} z^{n}$ is invertible on $\mathcal{C}$ (since $\rho<1$ ). Moreover, the sequence $\left\|R_{n}\right\|$ satisfies $\left\|R_{n}\right\| \leq C \mu(\phi=n) \leq c_{n}^{(q)}$. It follows from Wiener's Lemma that $\sum U_{n} z^{n}=(I-$ $\left.\rho \sum R_{n} z^{n}\right)^{-1}$ belongs to the same Banach algebra of operators, i.e., $\left\|U_{n}\right\| \leq c_{n}^{(q)}$. We obtain

$$
\int_{\Delta_{0} \cap T^{-n} \Delta_{0}} \Psi_{n}(y) \mathrm{d} \mu(y) \leq c_{n}^{(q)}
$$

To study the integral of $\Psi_{n}$ on $T^{-n} \Delta_{0}$, denote by $\Lambda_{b}$ the set of points in $\Delta$ that enter $\Delta_{0}$ exactly at time $b$. On $\Lambda_{b}$, we have $\Psi_{n}(y)=\Psi_{n-b}\left(T^{b} y\right)$. A distortion control gives

$$
\int_{\Lambda_{b} \cap T^{-n} \Delta_{0}} \Psi_{n} \leq C \mu\left(\Lambda_{b}\right) \int_{\Delta_{0} \cap T^{-(n-b)} \Delta_{0}} \Psi_{n-b} \leq C \mu\left(\Lambda_{b}\right) c_{n-b}^{(q)}
$$

Moreover, for $b>0, \Lambda_{b}=\bigcup_{\phi(\alpha) \geq b} \Delta_{\alpha, \phi(\alpha)-b}$, hence $\mu\left(\Lambda_{b}\right) \leq \sum_{\ell \geq b} c_{\ell}^{(q)} \leq c_{b}^{(q-1)}$. We obtain

$$
\int_{T^{-n} \Delta_{0}} \Psi_{n}(y) \mathrm{d} \mu(y)=\sum_{b=0}^{n} \int_{\Lambda_{b} \cap T^{-n} \Delta_{0}} \Psi_{n}(y) \mathrm{d} \mu(y) \leq C \sum_{b=0}^{n} c_{b}^{(q-1)} c_{n-b}^{(q)} .
$$

By (4.1), this is bounded by $c_{n}^{(q-1)}$.
4.3. Bounding $D_{p}$. To follow the same strategy as in the previous sections, we need to show that $K_{p}$ is close to an integral, as in Lemma 2.3. To do so, as in the proof of this lemma, we define a function $f_{i}$ as in (2.1), and control its iterates under the transfer operator. The first step is to control its Lipschitz constant.

Lemma 4.5. For $z$ and $z^{\prime}$ with zero height, $\left|f_{i}(z)\right| \leq C \operatorname{Lip}_{i}(K)$ and

$$
\left|f_{i}(z)-f_{i}\left(z^{\prime}\right)\right| \leq C d\left(z, z^{\prime}\right) \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) c_{i-j}^{(q-1)}
$$

Proof. The inequality $\left|f_{i}(z)\right| \leq C \operatorname{Lip}_{i}(K)$ is trivial. To control the Lipschitz constant, as in (2.2), we decompose

$$
\begin{aligned}
f_{i}(z)-f_{i}\left(z^{\prime}\right)= & \sum\left(g^{(i)}(y)-g^{(i)}\left(y^{\prime}\right)\right) H\left(y, \ldots, T^{i} y\right) \\
& +\sum g^{(i)}\left(y^{\prime}\right)\left(H\left(y, \ldots, T^{i} y\right)-H\left(y^{\prime}, \ldots, T^{i} y^{\prime}\right)\right)
\end{aligned}
$$

Using distortion controls, we bound the first sum by $C \operatorname{Lip}_{i}(K) d\left(z, z^{\prime}\right)$. For the second sum, we replace successively each $T^{j} y$ with $T^{j} y^{\prime}$, writing it as

$$
\begin{array}{r}
\sum_{T^{i}} \sum_{y^{\prime}=z^{\prime}} \sum_{j=0}^{i} g^{(i)}\left(y^{\prime}\right)\left(H\left(y, \ldots, T^{j-1} y, T^{j} y, T^{j+1} y^{\prime}, \ldots, T^{i} y^{\prime}\right)\right. \\
\left.-H\left(y, \ldots, T^{j-1} y, T^{j} y^{\prime}, T^{j+1} y^{\prime}, \ldots, T^{i} y^{\prime}\right)\right)
\end{array}
$$

Since the distance between $T^{j} y$ and $T^{j} y^{\prime}$ is bounded by $\Psi_{i-j}\left(T^{j} y^{\prime}\right) d\left(z, z^{\prime}\right)$, we obtain a bound

$$
\begin{aligned}
& \sum_{T^{i} y^{\prime}=z^{\prime}} \sum_{j=0}^{i} g^{(i)}\left(y^{\prime}\right) \Psi_{i-j}\left(T^{j} y^{\prime}\right) \operatorname{Lip}_{j}(K) d\left(z, z^{\prime}\right) \\
& \leq d\left(z, z^{\prime}\right) \sum_{j=0}^{i} \sum_{T^{i-j}\left(y_{j}^{\prime}\right)=z^{\prime}} g^{(i-j)}\left(y_{j}^{\prime}\right) \Psi_{i-j}\left(y_{j}^{\prime}\right) \operatorname{Lip}_{j}(K) \\
& \leq C d\left(z, z^{\prime}\right) \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) \int_{T^{-(i-j)} \Delta_{0}} \Psi_{i-j},
\end{aligned}
$$

by bounded distortion. With Lemma 4.4, this gives the result.

To follow the strategy of proof of Lemma 2.3, we need to understand the iterates of $f_{i}$ under the transfer operator. This is done in the next lemma.

Lemma 4.6. For any $r \geq 0$ and any $z \in \Delta_{0}$, we have

$$
\left|\mathcal{L}^{r} f_{i}(z)-\int_{\Delta} f_{i}\right| \leq \sum_{j=0}^{i} \operatorname{Lip}_{j}(K)\left(\sum_{k=0}^{r} c_{k}^{(q-2)} c_{i-j+r-k}^{(q-1)}\right)
$$

Proof. We will use the decomposition $1_{\Delta_{0}} \mathcal{L}^{r}=\sum_{k+b=r} T_{k} B_{b}$ given by (4.3) to understand $\mathcal{L}^{r} f_{i}$.

Let us first describe the asymptotics of $T_{k}$. Let $\mathcal{C}$ denote the space of Lipschitz functions on the basis $\Delta_{0}$ of the tower. We define an operator $\Pi$ on $\mathcal{C}$ by $\Pi f=\left(\int_{\Delta_{0}} f\right) 1_{\Delta_{0}}$. The operators $T_{n}$ converge to $\Pi$. Since $\left\|T_{n}-T_{n+1}\right\| \leq c_{n}^{(q-1)}$ by Proposition 4.3, we have

$$
\begin{equation*}
\left\|T_{k}-\Pi\right\| \leq \sum_{n=k}^{\infty}\left\|T_{n}-T_{n+1}\right\| \leq \sum_{n=k}^{\infty} c_{n}^{(q-1)} \leq c_{k}^{(q-2)} \tag{4.5}
\end{equation*}
$$

by (4.2).
We will now estimate $\left\|B_{b} f_{i}\right\|_{\mathcal{C}}$ using Lemma 4.5. For $z \in \Delta_{0}$, we have

$$
B_{b} f_{i}(z)=\sum_{\phi(\alpha) \geq b} g^{(b)}\left(z_{\alpha}\right) f_{i}\left(z_{\alpha}\right)
$$

where $z_{\alpha}$ is the unique preimage of $z$ under $T^{b}$ in $\Delta_{\alpha, \phi(\alpha)-b}$. We have

$$
\begin{equation*}
\left|B_{b} f_{i}\right|_{\infty} \leq\left|f_{i}\right|_{\infty} \cdot C \sum_{\phi(\alpha) \geq b} \mu\left(\Delta_{\alpha, 0}\right) \leq C\left|f_{i}\right|_{\infty} c_{b}^{(q-1)} \leq C \operatorname{Lip}_{i}(K) c_{b}^{(q-1)} \tag{4.6}
\end{equation*}
$$

Let us now estimate $B_{b} f_{i}(z)-B_{b} f_{i}\left(z^{\prime}\right)$ for $z$ and $z^{\prime}$ in the same partition element. If we form the difference $g^{(b)}\left(z_{\alpha}\right)-g^{(b)}\left(z_{\alpha}^{\prime}\right)$, the resulting term is bounded by $C d\left(z, z^{\prime}\right) \operatorname{Lip}_{i}(K) c_{b}^{(q-1)}$ (using distortion controls and the same computation as in (4.6)). On the other hand, denoting by $h_{\alpha}=\phi(\alpha)-b$ the height of $z_{\alpha}$, we have

$$
\left|f_{i}\left(z_{\alpha}\right)-f_{i}\left(z_{\alpha}^{\prime}\right)\right| \leq C\left(\sum_{j=0}^{i-h_{\alpha}} \operatorname{Lip}_{j}(K) c_{i-j-h_{\alpha}}^{(q-1)}+\sum_{j=i-h_{\alpha}+1}^{i} \operatorname{Lip}_{j}(K)\right) d\left(z, z^{\prime}\right)
$$

This follows from Lemma 4.5 applied to the function $f_{i-h_{\alpha}}$ and the points $\pi z_{\alpha}$ and $\pi z_{\alpha}^{\prime}$. Summing over $\alpha$, we obtain a bound for the Lipschitz constant of $B_{b} f_{i}$ of the form

$$
\sum_{\phi(\alpha) \geq b} g^{(b)}\left(z_{\alpha}\right)\left[\sum_{j=0}^{i-h_{\alpha}} \operatorname{Lip}_{j}(K) c_{i-j-h_{\alpha}}^{(q-1)}+\sum_{j=i-h_{\alpha}+1}^{i} \operatorname{Lip}_{j}(K)\right]
$$

By bounded distortion, $g^{(b)}\left(z_{\alpha}\right) \leq C \mu\left(\Delta_{\alpha, 0}\right)$. Taking the union over $\alpha$ and writing $\ell=\phi(\alpha)$, we get that the coefficient of $\operatorname{Lip}_{j}(K)$ in this sum is bounded by

$$
C \sum_{\ell=b}^{b+i-j} \mu(\phi=\ell) c_{i-j-(\ell-b)}^{(q-1)}+C \sum_{\ell=b+i-j+1}^{\infty} \mu(\phi=\ell) .
$$

The second term is bounded by $c_{i-j+b}^{(q-1)}$ by (4.2), while the first term is bounded by

$$
\sum_{\ell=0}^{i-j+b} c_{\ell}^{(q)} c_{i-j+b-\ell}^{(q-1)} \leq c_{i-j+b}^{(q-1)}
$$

by (4.1). We have shown that

$$
\left\|B_{b} f_{i}\right\|_{\mathcal{C}} \leq \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) c_{i-j+b}^{(q-1)}
$$

(The contribution of (4.6) is compatible with this bound.)
Let us now study $\mathcal{L}^{r} f_{i}$ on $\Delta_{0}$. We write $T_{k}=\Pi+E_{k}$ with $\left\|E_{k}\right\| \leq c_{k}^{(q-2)}$, by (4.5). Hence,

$$
\begin{equation*}
\mathcal{L}^{r} f_{i}=\sum_{k+b=r} T_{k} B_{b} f_{i}=\sum_{k+b=r} \Pi B_{b} f_{i}+\sum_{k+b=r} E_{k} B_{b} f_{i} \tag{4.7}
\end{equation*}
$$

The first term is a constant function equal to $\sum_{b=0}^{r} \int_{\Delta_{0}} B_{b} f_{i}$. Denoting by $\Lambda_{b}$ the set of points that enter $\Delta_{0}$ exactly at time $b$, we have $\int_{\Delta_{0}} B_{b} f_{i}=\int_{\Lambda_{b}} f_{i}$. As a consequence

$$
\begin{aligned}
\left|\sum_{b=0}^{r} \int_{\Delta_{0}} B_{b} f_{i}-\int f_{i}\right| & =\left|-\int_{\bigcup_{b>r} \Lambda_{b}} f_{i}\right| \leq\left|f_{i}\right| \infty \sum_{b>r} \mu\left(\Lambda_{b}\right) \\
& \leq \operatorname{Lip}_{i}(K) \sum_{b>r} c_{b}^{(q-1)} \leq \operatorname{Lip}_{i}(K) c_{r}^{(q-2)},
\end{aligned}
$$

by (4.2). This bound is compatible with the statement of the lemma. The second term of (4.7) is bounded (in $\mathcal{C}$ norm, thus in sup norm) by

$$
\sum_{k+b=r} c_{k}^{(q-2)}\left\|B_{b} f_{i}\right\|_{\mathcal{C}} \leq \sum_{j=0}^{i} \operatorname{Lip}_{j}(K) \cdot \sum_{k+b=r} c_{k}^{(q-2)} c_{i-j+b}^{(q-1)}
$$

This proves the lemma.
We can now obtain the following lemma, which is the analogue in our setting of Lemma 2.3.

Lemma 4.7. For all $x_{p} \in \Delta_{0}$,

$$
\left|K_{p}\left(x_{p}, \ldots\right)-\int K\left(y, \ldots, T^{p-1} y, x_{p}, \ldots\right) \mathrm{d} \mu(y)\right| \leq \sum_{j=0}^{p-1} \operatorname{Lip}_{j}(K) c_{p-j}^{(q-2)}
$$

Proof. Just like in the proof of Lemma 2.3,

$$
\left|K_{p}\left(x_{p}, \ldots\right)-\int K\left(y, \ldots, T^{p-1} y, x_{p}, \ldots\right)\right| \leq \sum_{i=0}^{p-1}\left|\mathcal{L}^{p-i} f_{i}\left(x_{p}\right)-\int f_{i}\right|
$$

By Lemma 4.6, this quantity is bounded by

$$
C \sum_{i=0}^{p-1} \sum_{j=0}^{i} \operatorname{Lip}_{j}(K)\left(\sum_{k=0}^{p-i} c_{k}^{(q-2)} c_{i-j+p-i-k}^{(q-1)}\right)
$$

The coefficient of $\operatorname{Lip}_{j}(K)$ in this sum is

$$
\sum_{k=0}^{p-j} c_{k}^{(q-2)}(p-k-j) c_{p-k-j}^{(q-1)} \leq \sum_{k=0}^{p-j} c_{k}^{(q-2)} c_{p-k-j}^{(q-2)} \leq c_{p-j}^{(q-2)}
$$

by (4.1). This proves the lemma.
The previous lemma makes it possible to control the moments of $D_{p}=K_{p}-K_{p+1}$ :

Lemma 4.8. For all $\kappa \leq 2 q$,

$$
\begin{aligned}
\mathbb{E}\left(\left|D_{p}\right|^{\kappa} \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right) \leq & C \sum_{j=0}^{p} \operatorname{Lip}_{j}(K)^{\kappa} c_{p-j}^{(q-2)} \\
& +C \sum_{h \geq 0} c_{h}^{(q-\kappa / 2)}\left(\sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)^{2}\right)^{\kappa / 2} .
\end{aligned}
$$

Proof. We follow closely the strategy of the proof of Lemma 3.3. If the height of $x_{p+1}$ is positive, the estimate is trivial. Otherwise, let $\left\{z_{\alpha}\right\}$ denote the preimages of $x_{p+1}$ under $T$, with respective height $h_{\alpha}=\phi(\alpha)-1$. Let $A(z)=D_{p}\left(z, x_{p+1}, \ldots\right)$; we have $\mathbb{E}\left(\left|D_{p}\right|^{\kappa} \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right)=\sum g\left(z_{\alpha}\right)\left|A\left(z_{\alpha}\right)\right|^{\kappa}$.

Fix a point $z=z_{\alpha}$ with height $h \geq 0$. If $h \leq p$, consider the projection $\pi z$ of $z$ in the basis of the tower. Using Lemma 4.7 (at time $p-h$ for the point $\pi z$, and at time $p+1$ for the point $x_{p+1}$ ), we get

$$
\begin{equation*}
|A(z)| \leq \sum_{j \leq p-h} \operatorname{Lip}_{j}(K) c_{p-h-j}^{(q-2)}+\sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K) \tag{4.8}
\end{equation*}
$$

This estimate also holds (trivially) if $h>p$.
To estimate $|A(z)|^{\kappa}$, we first use the inequality $(x+y)^{\kappa} \leq C x^{\kappa}+C y^{\kappa}$ to separate the two sums. Then, in the first sum, since $c_{p-h-j}^{(q-2)}$ is summable, we may use the Hölder inequality to get $\left(\sum_{j \leq p-h} \operatorname{Lip}_{j}(K) c_{p-h-j}^{(q-2)}\right)^{\kappa} \leq C \sum_{j \leq p-h} \operatorname{Lip}_{j}(K)^{\kappa} c_{p-h-j}^{(q-2)}$. For the second sum, we write $\left(\sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)\right)^{2} \leq h \sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)^{2}$, and we obtain

$$
|A(z)|^{\kappa} \leq \sum_{j \leq p-h} \operatorname{Lip}_{j}(K)^{\kappa} c_{p-h-j}^{(q-2)}+C h^{\kappa / 2}\left(\sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)^{2}\right)^{\kappa / 2}
$$

Summing over $\alpha$, we get that $\sum g\left(z_{\alpha}\right)\left|A\left(z_{\alpha}\right)\right|^{\kappa}$ is at most

$$
C \sum_{h=0}^{\infty} \mu(\phi=h)\left(\sum_{j \leq p-h} \operatorname{Lip}_{j}(K)^{\kappa} c_{p-h-j}^{(q-2)}+h^{\kappa / 2}\left(\sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)^{2}\right)^{\kappa / 2}\right)
$$

In the first sum, the coefficient of $\operatorname{Lip}_{j}(K)^{\kappa}$ is at most

$$
\sum_{h=0}^{p-j} c_{h}^{(q)} c_{p-h-j}^{(q-2)} \leq c_{p-j}^{(q-2)}
$$

by (4.1). In the second sum, $\mu(\phi=h) h^{\kappa / 2} \leq c_{h}^{(q-\kappa / 2)}$, yielding the statement of the lemma.
4.4. Proof of Theorem 4.1. We will use the following Rosenthal-Burkholder martingale inequality [Bur73, Thm. 21.1 and Ineq. (21.5)]. Let $\mathcal{F}_{p}$ be a decreasing sequence of $\sigma$-algebras, and let $D_{p}$ be a sequence of reverse martingale difference with respect to $\mathcal{F}_{p}$ (i.e., $D_{p}$ is $\mathcal{F}_{p}$-measurable and $\left.\mathbb{E}\left(D_{p} \mid \mathcal{F}_{p+1}\right)=0\right)$. For all $Q \geq 2$,

$$
\left\|\sum D_{p}\right\|_{L^{Q}}^{Q} \leq C \mathbb{E}\left(\left[\sum_{p} \mathbb{E}\left(D_{p}^{2} \mid \mathcal{F}_{p+1}\right)\right]^{Q / 2}\right)+C \sum_{p} \mathbb{E}\left(\left|D_{p}\right|^{Q}\right)
$$

We apply this inequality to $\mathcal{F}_{p}$ the $\sigma$-algebra of sets depending only on $x_{p}, x_{p+1}, \ldots$, to $D_{p}=K_{p}-K_{p+1}$ and to $Q=2 q-2$. By Lemma 4.8 with $\kappa=2$, we have

$$
\begin{equation*}
\mathbb{E}\left(D_{p}^{2} \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right) \leq C \sum_{j=0}^{p} \operatorname{Lip}_{j}(K)^{2} c_{p-j}^{(q-2)}+C \sum_{h \geq 0} c_{h}^{(q-1)} \sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)^{2} \tag{4.9}
\end{equation*}
$$

The coefficient of $\operatorname{Lip}_{j}(K)^{2}$ in this estimate is bounded by $c_{p-j}^{(q-2)}+\sum_{h \geq p-j+1} c_{h}^{(q-1)} \leq$ $c_{p-j}^{(q-2)}$. Hence, the first term in the Rosenthal-Burkholder inequality is bounded by

$$
C\left(\sum_{p} \sum_{j=0}^{p} \operatorname{Lip}_{j}(K)^{2} c_{p-j}^{(q-2)}\right)^{q-1} \leq C\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}
$$

For the second term, we should bound $\sum_{p} \mathbb{E}\left(\left|D_{p}\right|^{2 q-2}\right)$. We sum the estimates of Lemma 4.8 (with $\kappa=2 q-2$ ), to get

$$
\begin{align*}
\sum_{p} \mathbb{E}\left(\left|D_{p}\right|^{2 q-2}\right) \leq & C \sum_{j} \sum_{p \geq j} \operatorname{Lip}_{j}(K)^{2 q-2} c_{p-j}^{(q-2)} \\
& +C \sum_{h \geq 0} c_{h}^{(1)} \sum_{p}\left(\sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1} \tag{4.10}
\end{align*}
$$

In the first sum, the coefficient of $\operatorname{Lip}_{j}(K)^{2 q-2}$ is $\sum_{k} c_{k}^{(q-2)} \leq C$, therefore this sum is bounded by $C \sum_{j} \operatorname{Lip}_{j}(K)^{2 q-2} \leq C\left(\sum \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}$.

The second sum is more delicate. Let us fix $h$ and $p_{0} \in[0, h)$, and let us consider the contribution of those $p$ in $p_{0}+\mathbb{Z} h$. The intervals $[p-h+1, p]$ are disjoint. The inequality $\sum x_{i}^{q-1} \leq\left(\sum x_{i}\right)^{q-1}$ yields

$$
\begin{aligned}
\sum_{p \equiv p_{0}[h]}\left(\sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1} & \leq\left(\sum_{p \equiv p_{0}[h]} \sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1} \\
& \leq\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}
\end{aligned}
$$

Summing over the $h$ possible values of $p_{0}$, we get that the second sum of (4.10) is bounded by

$$
C \sum_{h \geq 0} c_{h}^{(1)} h\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1} \leq C\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}
$$

since $\sum h c_{h}^{(1)}<\infty$ by definition.
We have proved that $\left\|\sum D_{p}\right\|_{L^{2 q-2}}^{2 q-2} \leq C\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}$. Since $\sum D_{p}=$ $K-\mathbb{E}(K)$, this proves Theorem 4.1.

## 5. Invertible Non-uniform Young Towers

Let $T: X \rightarrow X$ be a non-uniform Young tower, with invariant measure $\mu$. Its natural extension $T_{\mathbb{Z}}: X_{\mathbb{Z}} \rightarrow X_{\mathbb{Z}}$ preserves a probability measure $\mu_{\mathbb{Z}}$. There is a natural distance on $X_{\mathbb{Z}}$, defined as follows. First, the positive separation time $s(x, y)$ is defined as for $T$. One can also define a negative separation time $s_{-}(x, y)$ in the same way, but towards the past: one iterates towards the past until the points are in different elements of the Markov partition, and one counts the number of visits to $\Delta_{0}$ in between. The distance $d_{\mathbb{Z}}$ is then defined by $d_{\mathbb{Z}}(x, y)=\beta^{\min \left(s(x, y), s_{-}(x, y)\right)}$. Geometrically, this distance is interpreted as follows: when one returns to the basis, there is uniform contraction along stable manifolds (corresponding to the past), and uniform expansion along unstable manifolds. Two points are close in the unstable direction if they remain close in the future for a long time (distance $\beta^{s(x, y)}$ ), while they are close in the stable direction if they have a long common past (distance $\beta^{s_{-}(x, y)}$ ).

Theorem 5.1. Let $\left(T_{\mathbb{Z}}, X_{\mathbb{Z}}, \mu_{\mathbb{Z}}\right)$ be the natural extension of a Young tower in which the return time function $\phi$ has a moment of order $q$. This system satisfies a concentration inequality with moment $2 q-2$, i.e., there exists a constant $C>0$ such that, for any $n \in \mathbb{N}$, for any function $K_{\mathbb{Z}}\left(x_{0}, \ldots, x_{n-1}\right)$ which is separately Lipschitz for the distance $d_{\mathbb{Z}}$,

$$
\begin{aligned}
& \int\left|K_{\mathbb{Z}}\left(x, \ldots, T^{n-1} x\right)-\int K_{\mathbb{Z}}\left(y, \ldots, T^{n-1} y\right) \mathrm{d} \mu_{\mathbb{Z}}(y)\right|^{2 q-2} \mathrm{~d} \mu_{\mathbb{Z}}(x) \\
& \quad \leq C\left(\sum_{j} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right)^{2}\right)
\end{aligned}
$$

This implies Theorem 4.1 (if one considers a function $K_{\mathbb{Z}}$ depending only on the future of the points), but the converse is not true: since the contraction is not uniform, we are not able to reduce this theorem to Theorem 4.1, contrary to what we have done for subshifts of finite type or uniform Young towers.

For the proof, we will work with the non-invertible system $X$, or rather with an augmented space $X_{*}=X \cup\left\{x_{*}\right\}$, where $x_{*}$ is a new point (at distance 1 of any point of $X$, with zero measure).

Let us start with a function $K_{\mathbb{Z}}$ on $X_{\mathbb{Z}}$, depending on the past and the future of points. We define a new function $K$ on $X_{*}^{n}$ as follows. We let $K\left(x_{0}, \ldots, x_{n-1}\right)=$ $K_{\mathbb{Z}}\left(y_{0}, \ldots, y_{n-1}\right)$ where the $y_{i}$ are defined inductively. For each element $a$ of the partition, let us fix an admissible past $p(a)$. Let us also fix a point $y_{*} \in X_{\mathbb{Z}}$. Let $y_{0}=$ $\left(p\left(\left(x_{0}\right)_{0}\right), x_{0}\right)$ (unless $x_{0}=x_{*}$, in which case let $\left.y_{0}=y_{*}\right)$. If $y_{i-1}$ is defined, let us define $y_{i}$. If $x_{i}=x_{*}$, we take $y_{i}=y_{*}$. If the transition from $\left(x_{i-1}\right)_{0}$ to $\left(x_{i}\right)_{0}$ is not permitted, let $y_{i}=\left(p\left(\left(x_{i}\right)_{0}\right), x_{i}\right)$. Otherwise, let $y_{i}=\left(\left(y_{i-1}\right)_{-\infty}^{0}, x_{i}\right)$.

We claim that this function $K$ satisfies an inequality

$$
\begin{align*}
& \int_{X_{*}}\left|K\left(x, \ldots, T^{n-1} x\right)-\int K\left(y, \ldots, T^{n-1} y\right) \mathrm{d} \mu(y)\right|^{2 q-2} \mathrm{~d} \mu(x) \\
& \quad \leq C\left(\sum_{j=0}^{n-1} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right)^{2}\right)^{q-1} \tag{5.1}
\end{align*}
$$

This implies Theorem 5.1 by using the same argument as in Subsect. 2.2: let $K_{N}\left(y_{0}\right.$, $\left.\ldots, y_{n+N-1}\right)=K_{\mathbb{Z}}\left(y_{N}, \ldots, y_{N+n-1}\right)$, and let $\tilde{K}_{N}$ be the function obtained from $K_{N}$ by applying the above procedure. After a change of variables, we get from (5.1),

$$
\begin{aligned}
& \int_{X_{\mathbb{Z}}}\left|\tilde{K}_{N}\left(T^{-N} x, \ldots, x, T x, \ldots, T^{n-1} x\right)-\mathbb{E}\left(\tilde{K}_{N}\right)\right|^{2 q-2} \mathrm{~d} \mu_{\mathbb{Z}}(x) \\
& \quad \leq C\left(\sum_{j=0}^{n-1} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right)^{2}\right)^{q-1}
\end{aligned}
$$

When $N$ tends to $\infty, \tilde{K}_{N}\left(T^{-N} x, \ldots, x, T x, \ldots, T^{n-1} x\right)$ converges to $K_{\mathbb{Z}}(x, \ldots$, $T^{N-1} x$ ). Hence, we obtain the desired concentration inequality by letting $N$ tend to infinity in the previous equation.

To prove (5.1), we follow the same strategy as in the previous section. Note that we can not directly apply Theorem 4.1 since the Lipschitz constants of $K$ are not easily bounded in terms of those of $K_{\mathbb{Z}}$, due to the non-uniform expansion. Therefore, we have to reimplement the strategy from scratch.

Let us first start with a crucial remark. When one controls the Lipschitz constants of $K$ in terms of those of $K_{\mathbb{Z}}$, a point $x_{*}$ blocks the propagation of modifications, in the following sense: consider a difference $K\left(x_{0}, \ldots, x_{n-1}\right)-K\left(x_{0}^{\prime}, \ldots, x_{n-1}^{\prime}\right)$ where $x_{i}$ and
$x_{i}^{\prime}$ coincide at all indices but $j$. By construction of $K$, this is equal to $K_{\mathbb{Z}}\left(y_{0}, \ldots, y_{n-1}\right)-$ $K_{\mathbb{Z}}\left(y_{0}^{\prime}, \ldots, y_{n-1}^{\prime}\right)$ for some points $y_{i}, y_{i}^{\prime} \in X_{\mathbb{Z}}$. The definition shows that $y_{i}=y_{i}^{\prime}$ for $i<j$. On the other hand, $y_{i}$ and $y_{i}^{\prime}$ might be different for all $i \geq j$, not only for $i=j$. However, if there is an index $k>j$ such that $x_{k}=x_{k}^{\prime}=x_{*}$, then $y_{i}=y_{i}^{\prime}$ for $i \geq k$ : this follows directly from the construction. Therefore, $K\left(x_{0}, \ldots, x_{n-1}\right)-K\left(x_{0}^{\prime}, \ldots, x_{n-1}^{\prime}\right)$ will be estimated only in terms of $\operatorname{Lip}_{i}\left(K_{\mathbb{Z}}\right)$ for $j \leq i<k$.

To follow the same strategy as in the previous sections, we need to show that $K_{p}$ is close to an integral, as in Lemma 2.3. To do so, as in the proof of this lemma, we define a function $f_{i}$ as in (2.1), and control its iterates under the transfer operator. We decompose $K_{p}\left(x_{p}, \ldots\right)=\sum_{i=0}^{p-1} \mathcal{L}^{p-i} f_{i}\left(x_{p}\right)+K\left(x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)$, where

$$
\begin{aligned}
f_{i}(z)=\sum_{T^{i} y=z} g^{(i)}(y)(K( & \left.y, \ldots, T^{i} y, x_{*}, \ldots, x_{*}, x_{p}, \ldots\right) \\
& \left.\quad-K\left(y, \ldots, T^{i-1} y, x_{*}, \ldots, x_{*}, x_{p}, \ldots\right)\right)
\end{aligned}
$$

When $i<p-1$, there is a point $x_{*}$ in the definition of $f_{i}$, blocking the propagation of modifications as we explained above. Therefore, we may follow the proofs of Lemmas 4.5 and 4.6 in this setting, to obtain the following:

Lemma 5.2. If $i<p-1$, we have for any $r \geq 0$ and any $z \in \Delta_{0}$,

$$
\left|\mathcal{L}^{r} f_{i}(z)-\int_{\Delta} f_{i}\right| \leq \sum_{j=0}^{i} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right)\left(\sum_{k=0}^{r} c_{k}^{(q-2)} c_{i-j+r-k}^{(q-1)}\right) .
$$

On the other hand, there is no such blocking effect for $f_{p-1}$, yielding a worse estimate. Indeed, in $f_{p-1}$, one considers averages of terms of the form $K\left(y, \ldots, T^{p-1} y, x_{p}, \ldots\right)-$ $K\left(y, \ldots, T^{p-2} y, x_{*}, x_{p}, \ldots\right)$. Considering the definition of $K$ in terms of $K_{\mathbb{Z}}$, this difference reads $K_{\mathbb{Z}}\left(y_{0}^{\prime}, \ldots, y_{n-1}^{\prime}\right)-K_{\mathbb{Z}}\left(y_{0}^{\prime \prime}, \ldots, y_{n-1}^{\prime \prime}\right)$ where the points $y_{j}^{\prime}, y_{j}^{\prime \prime}$ belong to $X_{\mathbb{Z}}$, coincide for $j<p-1$ and may differ for $j \geq p-1$. For $j>p-1$, the points $y_{j}^{\prime}$ and $y_{j}^{\prime \prime}$ have the same future, and the same past up to the index $j-p$. Therefore, $d_{\mathbb{Z}}\left(y_{j}^{\prime}, y_{j}^{\prime \prime}\right) \leq \beta^{\operatorname{Card}\left\{k \in[p, j]: x_{k} \in \Delta_{0}\right\}}$. Averaging over the points $y$ with $T^{p-1}(y)=z$, we get

$$
\left|f_{p-1}(z)\right| \leq \sum_{j=p-1}^{n-1} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right) \beta^{\operatorname{Card}\left\{k \in[p, j]: x_{k} \in \Delta_{0}\right\}}
$$

The functions $\mathcal{L} f_{p-1}$ and $\mathcal{L} f_{p-1}-\int f_{p-1}$ also satisfy the same bound.
Still following the strategy of proof of Sect. 4, we deduce from those estimates an analogue of Lemma 4.7, with an additional error term coming from $f_{p-1}$ : for all $x_{p} \in \Delta_{0}$,

$$
\begin{aligned}
& \left|K_{p}\left(x_{p}, \ldots\right)-\int K\left(y, \ldots, T^{p-1} y, x_{p}, \ldots\right) \mathrm{d} \mu(y)\right| \\
& \leq C \sum_{j=0}^{p-1} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right) c_{p-j}^{(q-2)}+C \sum_{j=p}^{n-1} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right) \beta^{\operatorname{Card}\left\{k \in[p, j]: x_{k} \in \Delta_{0}\right\}} .
\end{aligned}
$$

In turn, this yields an analogue of Lemma 4.8, still with an additional error term: for all $\kappa \leq 2 q$, and for all $x_{p+1} \in \Delta_{0}$,

$$
\begin{align*}
& \mathbb{E}\left(\left|D_{p}\right|^{\kappa} \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right) \leq C\left(\sum_{j \geq p+1} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right) \beta^{\operatorname{Card}\left\{k \in[p+1, j]: x_{k} \in \Delta_{0}\right\}}\right)^{\kappa} \\
& \quad+C \sum_{j=0}^{p} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right)^{\kappa} c_{p-j}^{(q-2)}+C \sum_{h \geq 0} c_{h}^{(q-\kappa / 2)}\left(\sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right)^{2}\right)^{\kappa / 2} \tag{5.2}
\end{align*}
$$

On the other hand, $\mathbb{E}\left(\left|D_{p}\right|^{\kappa} \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right)=0$ if $h\left(x_{p+1}\right)>0$.
We can now conclude the proof of (5.1), following the strategy we used to prove Theorem 4.1 in Subsect. 4.4. By the Rosenthal-Burkholder inequality, we have

$$
\begin{aligned}
\mathbb{E}|K-\mathbb{E} K|^{2 q-2} & =\mathbb{E}\left|\sum D_{p}\right|^{2 q-2} \\
& \leq C \mathbb{E}\left(\left[\sum_{p} \mathbb{E}\left(D_{p}^{2} \mid \mathcal{F}_{p+1}\right)\right]^{q-1}\right)+C \sum \mathbb{E}\left(\left|D_{p}\right|^{2 q-2}\right)
\end{aligned}
$$

The conditional expectations are estimated thanks to (5.2). The terms that were already present in the proof of Theorem 4.1 are handled exactly in the same way. Therefore, we only need to deal with the additional term. Let us define a function $\Phi_{j}(x)=$ $\beta^{\operatorname{Card}\left\{k \in[1, j]: T^{k}(x) \in \Delta_{0}\right\}}$ for $x \in \Delta_{0}$, and $\Phi_{j}(x)=0$ elsewhere (it is closely related to the function $\Psi_{j}$ of Lemma 4.4, with the difference that it is supported in $\Delta_{0}$ ). The additional term in the Rosenthal-Burkholder inequality is bounded by

$$
\begin{aligned}
& C \int\left[\sum_{p \geq 0}\left(\sum_{j \geq p+1} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right) \Phi_{j-p-1}\left(T^{p+1} x\right)\right)^{2}\right]^{q-1} \mathrm{~d} \mu(x) \\
& \quad+C \sum_{p \geq 0} \int\left(\sum_{j \geq p+1} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right) \Phi_{j-p-1}\left(T^{p+1} x\right)\right)^{2 q-2} \mathrm{~d} \mu(x) .
\end{aligned}
$$

The inequality $\sum x_{i}^{q-1} \leq\left(\sum x_{i}\right)^{q-1}$ shows that the second term is bounded by the first one. Therefore, to conclude the proof, it is sufficient to prove the following inequality:

$$
\begin{equation*}
\int\left[\sum_{p \geq 0}\left(\sum_{j \geq p+1} \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right) \Phi_{j-p-1}\left(T^{p+1} x\right)\right)^{2}\right]^{q-1} \mathrm{~d} \mu(x) \leq C\left(\sum \operatorname{Lip}_{j}\left(K_{\mathbb{Z}}\right)^{2}\right)^{q-1} \tag{5.3}
\end{equation*}
$$

This estimate is formulated solely in terms of the non-invertible system. Its proof is technical and complicated. Therefore, we defer it to Theorem A. 1 in Appendix A. Modulo this result, this concludes the proof of (5.1), and of Theorem 5.1.

## 6. Weak Polynomial Concentration Inequalities

The results of Sect. 4 are not completely satisfactory for the significant example of intermittent maps. Indeed, for Pomeau-Manneville maps of index $\alpha \in(0,1)$ (with $T(x)=x+c x^{1+\alpha}(1+o(1))$ for small $x$, see (7.4) below), the return time function to the rightmost interval satisfies a bound $\mu\{\phi=n\} \sim C / n^{1 / \alpha+1}$. Therefore, the corresponding Young tower has a moment of order $q$ for any $q<1 / \alpha$ (which yields a concentration inequality of order $Q$ for any $Q<2 / \alpha-2$ when $\alpha<1 / 2$ ), but it does not have a moment of order $1 / \alpha$. Indeed, it only has a weak moment of order $1 / \alpha$, meaning that $\mu\{\phi>t\} \leq C t^{-1 / \alpha}$. An optimal concentration statement for such a map would therefore be formulated in terms of weak moments. This is our goal in this section.

Theorem 6.1. Let $T: \Delta \rightarrow \Delta$ be a non-uniform Young tower. Assume that, for some $q>2$, the return time $\phi$ to the basis of the tower has a weak moment of order q, i.e., there exists a constant $C>0$ such that $\mu\left\{x \in \Delta_{0}: \phi(x)>t\right\} \leq C t^{-q}$ for all $t>0$. Then $T$ satisfies a weak polynomial concentration inequality with moment $2 q-2$, i.e., there exists a constant $C>0$ such that, for any $n \in \mathbb{N}$, for any separately Lipschitz function $K\left(x_{0}, \ldots, x_{n-1}\right)$, and any $t>0$,

$$
\begin{aligned}
& \mu\left\{x:\left|K\left(x, \ldots, T^{n-1} x\right)-\int K\left(y, \ldots, T^{n-1} y\right) \mathrm{d} \mu(y)\right|>t\right\} \\
& \leq C t^{-(2 q-2)}\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1} .
\end{aligned}
$$

Let us introduce a convenient notation. When $Z$ is a real-valued random variable and $Q \geq 1$, we write $\|Z\|_{L Q, w}=\sup t P(|Z|>t)^{1 / Q}$, so that $\mathbb{P}(|Z|>t) \leq t^{-Q}\|Z\|_{L Q, w}^{Q}$. This is the weak $L^{Q}$ (semi)norm of $Z$. With this notation, the statement of the theorem becomes $\|K-\mathbb{E}(K)\|_{L^{2 q-2, w}}^{2 q-2} \leq C\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}$, in close analogy with the statement of Theorem 4.1. Note that $\|Z\|_{L Q, w}$ is not a true norm: the triangle inequality fails, and is replaced by $\left\|Z+Z^{\prime}\right\|_{L^{Q, w}} \leq C\left(\|Z\|_{L Q, w}+\left\|Z^{\prime}\right\|_{L^{Q, w}}\right)$. On the other hand,

$$
\left\|\max \left(|Z|,\left|Z^{\prime}\right|\right)\right\|_{L^{Q, w}}^{Q} \leq\|Z\|_{L}^{Q}, w+\left\|Z^{\prime}\right\|_{L^{Q, w}}^{Q} .
$$

Since a sequence with a weak moment of order $q>2$ has a strong moment of order 2, we may use intermediate results of the proof of Theorem 4.1 (and especially Lemma 4.7) to prove Theorem 6.1. The proofs diverge at the level of Lemma 4.8: the version we will need in the weak moments case is the following.

Lemma 6.2. Assume that $\phi$ has a weak moment of order $q>2$. For all $t>0$,

$$
\begin{aligned}
& \mathbb{P}\left(\left|D_{p}\right|>t \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right) \leq C t^{-(2 q-2)} \sum_{j=0}^{p} \operatorname{Lip}_{j}(K)^{2 q-2} c_{p-j}^{(0)} \\
& \quad+C t^{-(2 q-2)}\left(\sum \operatorname{Lip}_{j}(K)^{2}\right)^{q-2} \sup _{h>0}\left(h^{-1} \sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)\right)^{2}
\end{aligned}
$$

Proof. If $h\left(x_{p+1}\right)>0$, then $x_{p+1}$ has a unique preimage $x_{p}$, and $D_{p}\left(x_{p}, x_{p+1}, \ldots\right)=0$. Therefore, there is nothing to prove. Assume now that $h\left(x_{p+1}\right)=0$, and let $\left\{z_{\alpha}\right\}$ denote
the preimages of $x_{p+1}$ under $T$. Writing $A(z)=D_{p}\left(z, x_{p+1}, \ldots\right)$, we have

$$
\mathbb{P}\left(\left|D_{p}\right|>t \mid \mathcal{F}_{p+1}\right)\left(x_{p+1}, \ldots\right)=\sum_{\left|A\left(z_{\alpha}\right)\right|>t} g\left(z_{\alpha}\right)
$$

Since $\phi$ has a weak moment of order $q>2$, it has a strong moment of order 2 . Therefore, (4.8) gives

$$
|A(z)| \leq \sum_{j \leq p-h} \operatorname{Lip}_{j}(K) c_{p-h-j}^{(0)}+\sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)=: A_{1}(z)+A_{2}(z)
$$

If $|A(z)|>t$, then $A_{1}(z)>t / 2$ or $A_{2}(z)>t / 2$. Therefore, $\mathbb{P}\left(\left|D_{p}\right|>t \mid \mathcal{F}_{p+1}\right)$ is bounded by

$$
\begin{equation*}
\sum_{A_{1}\left(z_{\alpha}\right)>t / 2} g\left(z_{\alpha}\right)+\sum_{A_{2}\left(z_{\alpha}\right)>t / 2} g\left(z_{\alpha}\right) \tag{6.1}
\end{equation*}
$$

For the first sum,

$$
\begin{aligned}
\sum_{A_{1}\left(z_{\alpha}\right)>t / 2} g\left(z_{\alpha}\right) & \leq C \sum g\left(z_{\alpha}\right)\left(A_{1}\left(z_{\alpha}\right) / t\right)^{2 q-2} \\
& \leq C \sum_{h \geq 0} \mu(\phi=h) t^{-(2 q-2)}\left(\sum_{j \leq p-h} \operatorname{Lip}_{j}(K) c_{p-h-j}^{(0)}\right)^{2 q-2} \\
& \leq C t^{-(2 q-2)} \sum_{h \geq 0} \mu(\phi=h) \sum_{j \leq p-h} \operatorname{Lip}_{j}(K)^{2 q-2} c_{p-h-j}^{(0)} .
\end{aligned}
$$

The coefficient of $\operatorname{Lip}_{j}(K)^{2 q-2}$ in this expression is $\sum_{h=0}^{p-j} c_{h}^{(2)} c_{p-h-j}^{(0)} \leq c_{p-j}^{(0)}$. Therefore, this is bounded by $C t^{-(2 q-2)} \sum_{j \leq p} \operatorname{Lip}_{j}(K)^{2 q-2} c_{p-j}^{(0)}$.

The second sum of (6.1) is bounded by $C \sum \mu(\phi=\ell)$, where the sum is restricted to those $\ell$ with $\sum_{p-\ell+1}^{p} \operatorname{Lip}_{j}(K)>t / 2$. Let $h$ be the smallest such $\ell$, the sum is bounded by

$$
\mu(\phi \geq h) \leq C h^{-q} \leq C h^{-q}\left(\sum_{p-h+1}^{p} \operatorname{Lip}_{j}(K) / t\right)^{2 q-2}
$$

To bound the last sum, we use the inequality $\left(\sum_{p-h+1}^{p} x_{j}\right)^{2} \leq h \sum x_{j}^{2}$, to obtain

$$
\begin{aligned}
h^{-q}\left(\sum_{p-h+1}^{p} \operatorname{Lip}_{j}(K)\right)^{2 q-2} & =h^{-q}\left(\sum_{p-h+1}^{p} \operatorname{Lip}_{j}(K)\right)^{2} \cdot\left(\sum_{p-h+1}^{p} \operatorname{Lip}_{j}(K)\right)^{2 q-4} \\
& \leq h^{-q}\left(\sum_{p-h+1}^{p} \operatorname{Lip}_{j}(K)\right)^{2} \cdot\left(h \sum_{p-h+1}^{p} \operatorname{Lip}_{j}(K)^{2}\right)^{q-2} \\
& \leq h^{-2}\left(\sum_{p-h+1}^{p} \operatorname{Lip}_{j}(K)\right)^{2} \cdot\left(\sum_{j \in \mathbb{Z}} \operatorname{Lip}_{j}(K)^{2}\right)^{q-2}
\end{aligned}
$$

This concludes the proof.

To proceed, we need an analogue of the Rosenthal-Burkholder inequality for weak moments. Although it is not written explicitly in Burkholder's article [Bur73], it follows easily from the techniques developed there, giving the following statement.

Theorem 6.3. Let $\left(D_{p}\right)$ be a sequence of reverse martingale differences with respect to a decreasing filtration $\mathcal{F}_{p}$ (i.e., $D_{p}$ is $\mathcal{F}_{p}$-measurable and $\mathbb{E}\left(D_{p} \mid \mathcal{F}_{p+1}\right)=0$ ). For all $Q \geq 2$,

$$
\left\|\sum D_{p}\right\|_{L^{Q, w}}^{Q} \leq C\left\|\sum \mathbb{E}\left(D_{p}^{2} \mid \mathcal{F}_{p+1}\right)\right\|_{L^{Q / 2, w}}^{Q / 2}+C\left\|\sup \left|D_{p}\right|\right\|_{L}^{Q}{ }_{L}^{Q},
$$

In particular,

$$
\left\|\sum D_{p}\right\|_{L^{Q, w}}^{Q} \leq C\left\|\sum \mathbb{E}\left(D_{p}^{2} \mid \mathcal{F}_{p+1}\right)\right\|_{L^{Q / 2, w}}^{Q / 2}+C \sum\left\|D_{p}\right\|_{L^{Q, w}}^{Q} .
$$

Proof. By a truncation argument, it suffices to prove the result for bounded random variables, and $p \in[0, P]$. Define three random variables

$$
X=\sup _{0 \leq p \leq P}\left|\sum_{k=p}^{P} D_{k}\right|, \quad Y=\left(\sum \mathbb{E}\left(D_{p}^{2} \mid \mathcal{F}_{p+1}\right)\right)^{1 / 2}, \quad Z=\max _{0 \leq p \leq P}\left|D_{p}\right|
$$

The inequality (21.2) in [Bur73] gives, for any $0<\delta<\beta-1$,

$$
\mathbb{P}(X>\beta t, \max (Y, Z) \leq \delta t) \leq \epsilon \mathbb{P}(X>t)
$$

where $\epsilon=\delta^{2} /(\beta-\delta-1)^{2}$. In particular,

$$
\begin{aligned}
(\beta t)^{Q} \mathbb{P}(X>\beta t) & \leq(\beta t)^{Q} \mathbb{P}(\max (Y, Z)>\delta t)+(\beta t)^{Q} \epsilon \mathbb{P}(X>t) \\
& \leq \beta^{Q} \delta^{-Q}\|\max (Y, Z)\|_{L Q, w}^{Q}+\beta^{Q} \epsilon\|X\|_{L Q, w}^{Q}
\end{aligned}
$$

Taking the supremum over $t$, we obtain

$$
\|X\|_{L Q, w}^{Q} \leq \beta^{Q} \delta^{-Q}\|\max (Y, Z)\|_{L}^{Q, w}+\beta^{Q} \epsilon\|X\|_{L}^{Q, w} .
$$

If $\beta>1$ is fixed, and $\delta$ is chosen small enough so that $\beta Q_{\epsilon}<1$, this yields $\|X\|_{L Q, w}^{Q} \leq$ $C\|\max (Y, Z)\|_{L}^{Q}{ }_{L}^{Q, w}$. Since $\left|\sum_{0}^{P} D_{p}\right| \leq X$ and $\|Y\|_{L}^{Q, w}=\left\|Y^{2}\right\|_{L Q / 2, w}^{Q / 2}$, this proves the theorem.

Proof of Theorem 6.1. We have $K-\mathbb{E}(K)=\sum D_{p}$, hence

$$
\|K-\mathbb{E}(K)\|_{L^{2 q-2, w}}^{2 q-2} \leq C\left\|\sum \mathbb{E}\left(D_{p}^{2} \mid \mathcal{F}_{p+1}\right)\right\|_{L^{q-1, w}}^{q-1}+C \sum\left\|D_{p}\right\|_{L^{2 q-2, w}}^{2 q-2}
$$

For the first term, we use the inequality $\|\cdot\|_{L Q, w} \leq\|\cdot\|_{L Q}$. Therefore, this term is bounded by

$$
C \mathbb{E}\left(\left[\sum_{p} \mathbb{E}\left(D_{p}^{2} \mid \mathcal{F}_{p+1}\right)\right]^{q-1}\right)
$$

Since $\phi$ has a weak moment of order $q$, it has a strong moment of order 2. Therefore, (4.9) gives $\mathbb{E}\left(D_{p}^{2} \mid \mathcal{F}_{p+1}\right) \leq \sum_{j \leq p} c_{p-j}^{(0)} \operatorname{Lip}_{j}(K)^{2}$. Hence, the first term in the Rosenthal-Burkholder inequality is bounded by

$$
C\left(\sum_{p} \sum_{j=0}^{p} \operatorname{Lip}_{j}(K)^{2} c_{p-j}^{(0)}\right)^{q-1} \leq C\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}
$$

Let us now turn to $\left\|D_{p}\right\|_{L^{2 q-2, w}}$. Integrating the estimates of Lemma 6.2 , we get

$$
\begin{align*}
\left\|D_{p}\right\|_{L^{2 q-2, w}}^{2 q-2} \leq & C \sum_{j \leq p} \operatorname{Lip}_{j}(K)^{2 q-2} c_{p-j}^{(0)} \\
& +C\left(\sum \operatorname{Lip}_{j}(K)^{2}\right)^{q-2} \sup _{h>0}\left(h^{-1} \sum_{j=p-h+1}^{p} \operatorname{Lip}_{j}(K)\right)^{2} \tag{6.2}
\end{align*}
$$

We should sum those estimates over $p$. For the first sum, we obtain

$$
\sum_{j} \operatorname{Lip}_{j}(K)^{2 q-2} \sum_{p \geq j} c_{p-j}^{(0)} \leq C \sum_{j} \operatorname{Lip}_{j}(K)^{2 q-2} \leq C\left(\sum_{j} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}
$$

For the second sum, let us define a function $f$ on $\mathbb{Z}$ by $f(j)=\operatorname{Lip}_{j}(K)$. This function belongs to $\ell^{2}(\mathbb{Z})$. The corresponding maximal function $M f(p)=$ $\sup _{h>0} \frac{1}{2 h+1} \sum_{j=p-h}^{p+h} f(j)$ also belongs to $\ell^{2}(\mathbb{Z})$ and satisfies $\|M f\|_{\ell^{2}} \leq C\|f\|_{\ell^{2}}$, by Hardy-Littlewood maximal inequality. In particular,

$$
\sum_{p} \sup _{h>0}\left(h^{-1} \sum_{p-h+1}^{p} \operatorname{Lip}_{j}(K)\right)^{2} \leq C \sum_{j} \operatorname{Lip}_{j}(K)^{2}
$$

Therefore, the contribution of the second term in (6.2) is bounded by $C\left(\sum \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}$. This concludes the proof of Theorem 6.1.

Remark 6.4. In view of Theorems 5.1 and 6.1 , it would seem natural to try to prove a weak polynomial concentration inequality in invertible systems with weak moment controls on the return time. We have not been able to prove such a statement.

## 7. Applications

In this section, we first give examples of dynamical systems satisfying an exponential concentration inequality or only a polynomial concentration inequality. We also give examples of systems satisfying a weak polynomial concentration inequality. Second, we present several applications of these inequalities to specific observables. We shall not attempt to be exhaustive. Previous results are found in [CMS02, CCS05b, CCRV09]. For instance, we strengthen the bounds obtained in [CCS05b] since for dynamical systems modeled by a uniform Young tower with exponential tails, we can now use an exponential concentration inequality instead of a polynomial concentration inequality with
moment 2 as in [CCS05b]. For systems modeled by a non-uniform Young tower, only a polynomial concentration inequality with moment 2 was known for intermittent maps of the interval (under some restrictions on the parameter). We now have at our disposal an optimal polynomial concentration inequality for these maps, and more generally, for dynamical systems modeled by non-uniform Young towers with polynomial tails.
7.1. Examples of dynamical systems. There are well-known dynamical systems ( $X, T$ ) which can be modeled by a uniform Young tower with exponential tails [You98]. Examples of invertible dynamical systems fitting this framework are for instance Axiom A attractors, Hénon attractors for Benedicks-Carleson parameters [BY00], piecewise hyperbolic maps like the Lozi attractor, some billiards with convex scatterers, etc. Such systems admit an SRB measure $\mu$ and there is an invertible uniform Young tower $\left(\Delta_{\mathbb{Z}}, \hat{T}_{\mathbb{Z}}, \hat{\mu}_{\mathbb{Z}}\right)$ and a projection map $\pi: \Delta_{\mathbb{Z}} \rightarrow X$ such that $T \circ \pi=\pi \circ \hat{T}_{\mathbb{Z}}$ and $\mu=\hat{\mu}_{\mathbb{Z}} \circ \pi^{-1}$. In the non-invertible case, there is a non-invertible Young tower ( $\Delta, \hat{T}, \hat{\mu}$ ) and a corresponding projection map. A non-invertible example is the quadratic family for Benedicks-Carleson parameters. In both cases, it can also be ensured that the projection map is contracting, i.e., $d(\pi x, \pi y) \leq \hat{d}_{\beta}(x, y)$ for every $x, y$ in the same partition element. Here, $\hat{d}_{\beta}$ denotes the (unilateral or bilateral) symbolic distance in the tower given by $\hat{d}_{\beta}(x, y)=\beta^{s(x, y)}$ for some $\beta<1$. In particular, if $f$ is a bounded Lipschitz function on $X$, it lifts to a function $f \circ \pi$ which is Lipschitz in the tower. More generally, if $f$ is Hölder continuous, then its lift is Lipschitz for $\hat{d}_{\beta}$ if $\beta$ is close enough to 1 . Therefore, all the results we proved in the previous sections for Lipschitz observables $K$ have a counterpart about Hölder ones; we will not give further details in this direction and restrict to the Lipschitz situation for ease of exposition. We will also assume for simplicity that $X$ is bounded.

Theorem 7.1. Let $(X, T)$ be a dynamical system modeled by a uniform Young tower with exponential tails and let $\mu$ be its SRB measure. There exists $C>0$ such that, for any $n \in \mathbb{N}$, for any separately Lipschitz function $K\left(x_{0}, \ldots, x_{n-1}\right)$,

$$
\begin{equation*}
\int e^{K\left(x, T x, \ldots, T^{n-1} x\right)} \mathrm{d} \mu(x) \leq e^{\int K\left(x, \ldots, T^{n-1} x\right) \mathrm{d} \mu(x)} e^{C \sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}} \tag{7.1}
\end{equation*}
$$

This theorem is an obvious consequence of Theorem 3.4 in the invertible case and of Theorem 3.1 in the non-invertible case. Inequality (7.1) was previously known only for uniformly piecewise expanding maps of the interval and subshifts of finite type equipped with a Gibbs measure [CMS02]. Under the assumptions of the previous theorem, only a polynomial concentration with moment 2 had been proven [CCS05a].

An immediate consequence of (7.1) is the following inequality for upper deviations: for all $t>0$ and for all $n \in \mathbb{N}$,

$$
\begin{align*}
& \mu\left\{x \in X: K\left(x, T x, \ldots, T^{n-1} x\right)-\int K\left(y, \ldots, T^{n-1} y\right) \mathrm{d} \mu(y)>t\right\} \\
& \quad \leq e^{-\frac{t^{2}}{4 C \sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}}} \tag{7.2}
\end{align*}
$$

The same bound holds for lower deviations by applying (7.2) to $-K$.
Let us now consider dynamical systems modeled by a non-uniform Young tower with polynomial tails. In the invertible case, there is an invertible non-uniform Young
tower $\left(\Delta_{\mathbb{Z}}, \hat{T}_{\mathbb{Z}}, \hat{\mu}_{\mathbb{Z}}\right)$ and a projection map $\pi: \Delta_{\mathbb{Z}} \rightarrow X$, and the SRB measure is $\mu=\hat{\mu}_{\mathbb{Z}} \circ \pi^{-1}$, provided that $\sum \phi(\alpha) \hat{\mu}_{\mathbb{Z}}\left(\Delta_{\alpha, 0}\right)<\infty$. If $\sum \phi(\alpha)^{q} \hat{\mu}_{\mathbb{Z}}\left(\Delta_{\alpha, 0}\right)<\infty$, we shall simply say that the tower has $L^{q}$ tails. Similarly, if $\sum_{\phi(\alpha)>n} \hat{\mu}_{\mathbb{Z}}\left(\Delta_{\alpha, 0}\right) \leq C n^{-q}$, we shall say that the tower has weak $L^{q}$ tails. We can of course rephrase what we have just said in the non-invertible case.

Theorem 7.2. Let $(X, T)$ be a dynamical system modeled by a non-uniform Young tower with $L^{q}$ tails, for some $q \geq 2$. Then $T$ satisfies a polynomial concentration inequality with moment $2 q-2$, i.e., there exists a constant $C>0$ such that, for any $n \in \mathbb{N}$, for any separately Lipschitz function $K\left(x_{0}, \ldots, x_{n-1}\right)$,

$$
\begin{aligned}
& \int\left|K\left(x, \ldots, T^{n-1} x\right)-\int K\left(y, \ldots, T^{n-1} y\right) \mathrm{d} \mu(y)\right|^{2 q-2} \mathrm{~d} \mu(x) \\
& \quad \leq C\left(\sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}
\end{aligned}
$$

Using Markov's inequality we get at once that, for any $t>0$ and for any $n \in \mathbb{N}$,

$$
\begin{align*}
& \mu\left\{x \in X:\left|K\left(x, T x, \ldots, T^{n-1} x\right)-\int K\left(y, \ldots, T^{n-1} y\right) \mathrm{d} \mu(y)\right|>t\right\} \\
& \quad \leq C \frac{\left(\sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}\right)^{q-1}}{t^{2 q-2}} \tag{7.3}
\end{align*}
$$

If the tails are only in weak $L^{q}$, Theorem 6.1 shows that (7.3) still holds.
The fundamental example is an expanding map of the interval with an indifferent fixed point [You99]. For the sake of definiteness, we consider for $\alpha \in(0,1)$ the socalled "intermittent" map $T:[0,1] \rightarrow[0,1]$ defined by

$$
T(x)= \begin{cases}x\left(1+2^{\alpha} x^{\alpha}\right) & \text { if } 0 \leq x \leq 1 / 2  \tag{7.4}\\ 2 x-1 & \text { if } 1 / 2<x \leq 1\end{cases}
$$

There is a unique absolutely continuous invariant probability measure $\mathrm{d} \mu(x)=h(x) \mathrm{d} x$ such that $h(x) \sim x^{-\alpha}$ as $x \rightarrow 0$. This map is modeled by a non-uniform Young tower $(\Delta, \hat{\mu})$ such that $\hat{\mu}\{\phi=n\} \sim C / n^{\frac{1}{\alpha}+1}$. The return time has a weak moment of order $1 / \alpha$. Thus, for $\alpha \in(0,1 / 2)$, the previous results yield:

Corollary 7.3. Let $T$ be the map (7.4) and $\mu$ be its absolutely continuous invariant probability measure. There exists a constant $C>0$ such that, for any $n \in \mathbb{N}$, for any separately Lipschitz function $K\left(x_{0}, \ldots, x_{n-1}\right)$,

$$
\begin{aligned}
& \mu\left\{x \in X:\left|K\left(x, T x, \ldots, T^{n-1} x\right)-\int K\left(y, \ldots, T^{n-1} y\right) \mathrm{d} \mu(y)\right|>t\right\} \\
& \leq C \frac{\left(\sum_{j=0}^{n-1} \operatorname{Lip}_{j}(K)^{2}\right)^{1 / \alpha-1}}{t^{\frac{2}{\alpha}-2}}
\end{aligned}
$$

This estimate readily gives bounds for the moments of order $q \neq 2 / \alpha-2$. Indeed, if $Z$ is a random variable satisfying $\mathbb{P}(|Z|>t) \leq(A / t)^{Q}$, then using the formula $\mathbb{E}\left(|Z|^{q}\right)=\int q t^{q-1} \mathbb{P}(|Z|>t) \mathrm{d} t$ and the tail estimates, one gets

$$
\mathbb{E}\left(|Z|^{q}\right) \leq \frac{Q}{Q-q} A^{q} \quad \text { for } q<Q
$$

and if $Z$ is bounded

$$
\mathbb{E}\left(|Z|^{q}\right) \leq \frac{q}{q-Q} A^{Q}\|Z\|_{L^{\infty}}^{q-Q} \quad \text { for } q>Q .
$$

For $q<2 / \alpha-2$, this generalizes to arbitrary separately Lipschitz functions of $n$ variables the moment bounds obtained for ergodic sums of Lipschitz functions in [MN08] (while the moment bounds for $q>2 / \alpha-2$ are apparently new, even for ergodic sums). On the other hand, we improve the result in [CCRV09] in two respects: first, we obtain a polynomial concentration inequality with moment 2 for any $\alpha \in(0,1 / 2)$ instead of $(0,4-\sqrt{15})$; second, we also obtain a polynomial concentration inequality with a moment whose order is larger than 2 and depends on $\alpha \in(0,1 / 2)$.

Remark 7.4. There is a difference between Theorems 4.1 (about strong moments) and 6.1 (about weak moments): in the former, the range of parameters is $q \geq 2$, while we require $q>2$ in the latter. It turns out that Theorem 6.1 is false for $q=2$, as testified by the map (7.4) with $\alpha=1 / 2$. For such a map, if $f$ is a Hölder function with $\int f \mathrm{~d} \mu=0$ and $f(0) \neq 0$, then $S_{n} f / \sqrt{n \log n}$ converges in distribution to a gaussian [Gou04a, p. 88]. If Theorem 6.1 were true for $q=2$, we would have $\mu\left\{\left|S_{n} f\right|>t\right\} \leq C t^{-2} n$, hence $\mu\left\{\left|S_{n} f / \sqrt{n \log n}\right|>t\right\} \leq C t^{-2}(n \log n)^{-1} n \rightarrow 0$, implying that $S_{n} f / \sqrt{n \log n}$ tends in probability to 0 and giving a contradiction.

There are also invertible examples exhibiting an intermittent behavior, notably coming from billiards. Indeed, apart from the stadium billiard (with a weak moment of order 2 and therefore not covered by our results), Chernov and Zhang studied in [CZ05a, CZ05b] several classes of billiards for which the decay of correlations behaves like $O\left((\log n)^{C} / n^{1 / \alpha-1}\right)$, for some parameter $\alpha$ that can be chosen freely in $(0,1 / 2]$ and some $C>0$. This decay rate is obtained by modeling those billiards by nonuniform invertible Young towers with well controlled tails. Therefore, we can apply Theorem 7.2 to those maps, yielding polynomial concentration inequalities for any exponent $p<2 / \alpha-2$, just like in the above one-dimensional non-invertible situation.
7.2. Empirical covariance. For a Lipschitz observable $f$ such that $\int f \mathrm{~d} \mu=0$, the auto-covariance of the process $\left\{f \circ T^{k}\right\}$ is defined as usual by

$$
\begin{equation*}
C_{f}(\ell)=\int f \cdot f \circ T^{\ell} \mathrm{d} \mu \tag{7.5}
\end{equation*}
$$

An obvious estimator for $C_{f}(\ell)$ is

$$
\widehat{C}_{f}(n, \ell, x)=\frac{1}{n} \sum_{j=0}^{n-1} f\left(T^{j} x\right) f\left(T^{j+\ell} x\right)
$$

We could as well consider the covariance between $\left\{f \circ T^{k}\right\}$ and $\left\{g \circ T^{k}\right\}$, for a pair of Lipschitz observables $f, g$. For each $\ell \geq 0$, the ergodic theorem tells us that $\widehat{C}_{f}(n, \ell, x) \rightarrow C_{f}(\ell) \mu$-almost surely, as $n \rightarrow \infty$. Considering the function of $n+\ell$ variables $K\left(x_{0}, \ldots, x_{n+\ell-1}\right)=\frac{1}{n} \sum_{j=0}^{n-1} f\left(x_{j}\right) f\left(x_{j+\ell}\right)$, we obtain immediately (noting that $\left.\int \widehat{C}_{f}(n, \ell, x) \mathrm{d} \mu(x)=C_{f}(\ell)\right)$ the following theorems.

Theorem 7.5. Let $(X, T)$ be a dynamical system modeled by a uniform Young tower with exponential tails and $\mu$ its SRB measure. Let $f: X \rightarrow \mathbb{R}$ be a Lipschitz function with $\int f \mathrm{~d} \mu=0$. There exists a constant $c>0$ such that, for any $n, \ell \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in X:\left|\widehat{C}_{f}(n, \ell, x)-C_{f}(\ell)\right|>t\right\} \leq 2 e^{-c \frac{n^{2} t^{2}}{n+\ell}}
$$

Theorem 7.6. Let $(X, T)$ be a dynamical system modeled by a non-uniform Young tower with weak $L^{q}$ tails, for some $q \geq 2$, and $\mu$ its SRB measure. Let $f: X \rightarrow \mathbb{R}$ be a Lipschitz function with $\int f \mathrm{~d} \mu=0$. There exists a constant $c>0$ such that, for any $n, \ell \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in X:\left|\widehat{C}_{f}(n, \ell, x)-C_{f}(\ell)\right|>t\right\} \leq c\left(\frac{n+\ell}{n^{2}}\right)^{q-1} \frac{1}{t^{2 q-2}}
$$

7.3. Empirical measure. Given $x \in X$ in an ergodic compact dynamical system ( $X, T, \mu$ ), let

$$
\mathcal{E}_{n}(x)=\frac{1}{n} \sum_{j=0}^{n-1} \delta_{T^{j} x}
$$

be the associated empirical measure. By Birkhoff's ergodic theorem, $\mathcal{E}_{n}(x)$ vaguely converges to $\mu$, for $\mu$-almost every $x$. Our aim is to quantify the 'speed' at which this convergence takes place. We use the Kantorovich distance (compatible with vague convergence): for two probability measures $\mu_{1}, \mu_{2}$ on $X$, let

$$
\operatorname{dist}_{K}\left(\mu_{1}, \mu_{2}\right)=\sup \left\{\int g \mathrm{~d} \mu_{1}-\int g \mathrm{~d} \mu_{2}: g: X \rightarrow \mathbb{R} \text { is 1-Lipschitz }\right\}
$$

Set

$$
\mathcal{D}_{n}(x)=\operatorname{dist}_{K}\left(\mathcal{E}_{n}(x), \mu\right)
$$

We have the following general bounds.
Theorem 7.7. Let $(X, T)$ be a dynamical system modeled by a uniform Young tower with exponential tails and $\mu$ its SRB measure. Let $f: X \rightarrow \mathbb{R}$ be a Lipschitz function. There exists a constant $C>0$ such that, for any $n \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in X:\left|\mathcal{D}_{n}(x)-\int \mathcal{D}_{n}(y) \mathrm{d} \mu(y)\right|>\frac{t}{\sqrt{n}}\right\} \leq 2 e^{-C t^{2}}
$$

Theorem 7.8. Let $(X, T)$ be a dynamical system modeled by a non-uniform Young tower with weak $L^{q}$ tails, for some $q \geq 2$, and $\mu$ its SRB measure. Let $f: X \rightarrow \mathbb{R}$ be a Lipschitz function. There exists a constant $C>0$ such that, for all $n \in \mathbb{N}$ and all $t>0$,

$$
\mu\left\{x \in X:\left|\mathcal{D}_{n}(x)-\int \mathcal{D}_{n}(y) \mathrm{d} \mu(y)\right|>\frac{t}{\sqrt{n}}\right\} \leq \frac{C}{t^{2 q-2}}
$$

These bounds follow at once by applying either (7.2) or (7.3) to the function

$$
K\left(x_{0}, \ldots, x_{n-1}\right)=\sup \left\{\frac{1}{n} \sum_{j=0}^{n-1} g\left(x_{j}\right)-\int g \mathrm{~d} \mu: g: X \rightarrow \mathbb{R} \text { is } 1-\text { Lipschitz }\right\}
$$

whose Lipschitz constants are uniformly bounded by $1 / n$. The natural next step is to seek for an upper bound for $\int \mathcal{D}_{n}(y) \mathrm{d} \mu(y)$. We are not able to obtain an a priori sufficiently good estimate unless we restrict to one-dimensional systems.

Corollary 7.9. Let $(X, T)$ be a one-dimensional dynamical system satisfying the assumptions of Theorem 7.7. There exist some constants $B, C>0$ such that, for any $n \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in X: \mathcal{D}_{n}(x)>\frac{t}{n^{1 / 2}}+\frac{B}{n^{1 / 4}}\right\} \leq e^{-C t^{2}}
$$

Corollary 7.10. Let $(X, T)$ be a one-dimensional dynamical system satisfying the assumptions of Theorem 7.8. There exist some constants $B, C>0$ such that, for any $n \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in X: \mathcal{D}_{n}(x)>\frac{t}{n^{1 / 2}}+\frac{B}{n^{1 / 4}}\right\} \leq \frac{C}{t^{2 q-2}}
$$

These two corollaries follow immediately if we can prove that there exists $B>0$ such that, for any $n \in \mathbb{N}$,

$$
\int \mathcal{D}_{n} \mathrm{~d} \mu \leq \frac{B}{n^{1 / 4}}
$$

The proof is found in [CCS05b, Thm. 5.2]. The point is that in dimension one, there is a special representation of Kantorovich distance in terms of the distribution functions. The estimate then follows easily using the fact that the auto-covariance of Lipschitz observables is summable under the above assumptions.

For the map (7.4), we can use Corollary 7.3 to get the bound

$$
\mu\left\{x \in X: \mathcal{D}_{n}(x)>\frac{t}{n^{1 / 2}}+\frac{B}{n^{1 / 4}}\right\} \leq \frac{C}{t^{\frac{2}{\alpha}-2}}
$$

for any $n \in \mathbb{N}$ and for any $t>0$.
Remark 7.11. What explains the power $1 / 4$ of $n$ is the fact that at some stage, one has to approximate a characteristic function of a set by a Lipschitz function. If one can control the auto-covariance of functions with bounded variation, one gets

$$
\int \mathcal{D}_{n} \mathrm{~d} \mu \leq \frac{B}{\sqrt{n}}
$$

This is the case for uniformly piecewise expanding maps of the interval [CMS02]. This is also the case for the quadratic map with Benedicks-Carleson parameters [You92].

Since we proved that this system satisfies an exponential concentration inequality, we get

$$
\mu\left\{x \in X: \mathcal{D}_{n}(x)>\frac{t}{\sqrt{n}}\right\} \leq e^{-C t^{2}}
$$

for any $n \in \mathbb{N}$ and for any $t$ greater than some $t_{0}>0$.
7.4. Kernel density estimation. The estimation from an orbit of the density $h$ of the invariant measure of a one-dimensional dynamical system $(X, T)$ is based on the estimator

$$
h_{n}(s ; x)=\frac{1}{n a_{n}} \sum_{j=0}^{n-1} \psi\left(\frac{s-T^{j} x}{a_{n}}\right),
$$

where $a_{n}$ is a sequence of positive numbers going to 0 but such that $n a_{n}$ goes to $\infty$, and $\psi$ is a 'kernel', that is, a non-negative Lipschitz function with compact support. We suppose that it is fixed in the sequel.

As proved in [CCS05a, App. C], the density of the invariant measure for a onedimensional system modeled by a uniform Young tower with exponential tails has the following property: there exist some constants $B>0$ and $\tau>0$ such that

$$
\begin{equation*}
\int|h(s)-h(s-t)| \mathrm{d} s \leq B|t|^{\tau}, \quad \forall t \in \mathbb{R} \tag{7.6}
\end{equation*}
$$

We have the following result about the $L^{1}$ convergence of empirical densities.
Theorem 7.12. Let $(X, T)$ be a one-dimensional dynamical system modeled by a uniform Young tower with exponential tails and $\mu$ its SRB measure. There exist $c_{1}, c_{2}>0$ such that, for any $t>c_{1}\left(a_{n}^{\tau}+1 /\left(\sqrt{n} a_{n}^{2}\right)\right)$ and for any $n \in \mathbb{N}$,

$$
\mu\left\{x \in X: \int\left|h_{n}(s ; x)-h(s)\right| \mathrm{d} s>t\right\} \leq e^{-c_{2} n a_{n}^{2} t^{2}}
$$

The proof is similar to the proof of Theorem 5.2 in [CCS05a] except that we use an exponential concentration inequality instead of a polynomial concentration inequality with moment 2 ; hence we obtain a much stronger bound. (See also [CMS02, Thm. III.2] for uniformly piecewise expanding maps of the interval.) The property (7.6) is used to obtain an upper bound for $\int\left|h_{n}(s ; x)-h(s)\right| \mathrm{d} s \mathrm{~d} \mu$.

We do not know if the property (7.6) holds for the density of the invariant measure of all one-dimensional systems modeled by a non-uniform Young tower with polynomial tails. But for the special case of the intermittent map (7.4), it is easy to check that (7.6) is true with $\tau=1-\alpha$. Therefore, applying Corollary 7.3 we get the following result.

Theorem 7.13. Let $T$ be the map (7.4) and $\mu$ its absolutely continuous invariant probability measure. There exist $c_{1}, c_{2}>0$ such that for any $t>c_{1}\left(a_{n}^{1-\alpha}+1 /\left(\sqrt{n} a_{n}^{2}\right)\right)$ and for any $n \in \mathbb{N}$,

$$
\mu\left\{x \in X: \int\left|h_{n}(s ; x)-h(s)\right| \mathrm{d} s>t\right\} \leq \frac{c_{2}}{n^{\frac{1}{\alpha}-1} a_{n}^{\frac{2}{\alpha}-2} t^{\frac{2}{\alpha}-2}}
$$

7.5. Tracing orbit properties. Let $A$ be a measurable subset of $X$ such that $\mu(A)>0$ and define for all $n \in \mathbb{N}$,

$$
\mathcal{S}_{A}(x, n)=\frac{1}{n} \inf _{y \in A} \sum_{j=0}^{n-1} d\left(T^{j} x, T^{j} y\right)
$$

where $d$ is the distance on $X$. This quantity, between 0 and 1 , measures how well we can trace the orbit of some initial condition not in $A$ by an orbit from an element of $A$.

Theorem 7.14. Let $(X, T)$ be a dynamical system modeled by a uniform Young tower with exponential tails and $\mu$ its SRB measure. There exist constants $c_{1}, c_{2}>0$ such that, for any measurable subset $A \subset X$ with $\mu(A)>0$, for any $n \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in X: \mathcal{S}_{A}(x, n)>c_{1} \frac{\sqrt{\log n}}{\mu(A) \sqrt{n}}+\frac{t}{\sqrt{n}}\right\} \leq e^{-c_{2} t^{2}} .
$$

Again, the proof is the same as [CMS02, Thm. IV.1] because it relies only on the exponential concentration inequality.

Theorem 7.15. Let $(X, T)$ be a dynamical system modeled by a non-uniform Young tower with weak $L^{q}$ tails, for some $q \geq 2$, and $\mu$ its SRB measure. There exist constants $c_{1}, c_{2}>0$ such that, for any measurable subset $A \subset X$ with $\mu(A)>0$, for any $n \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in X: \mathcal{S}_{A}(x, n)>\frac{1}{n^{(q-1) /(2 q-1)}}\left(t+\frac{c_{1}}{\mu(A)}\right)\right\} \leq \frac{c_{2}}{n^{(q-1) /(2 q-1)} t^{2 q-2}} .
$$

The proof follows the lines of that of [CMS02, Thm. IV.1] except that one uses the weak polynomial concentration inequality instead of the exponential concentration inequality as in the previous theorem.

For the intermittent maps (7.4), we can use Corollary 7.3. We get that there exist constants $c_{1}, c_{2}>0$ such that for any subset $A \subset[0,1]$ with $\mu(A)>0$, for any $n \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in[0,1]: \mathcal{S}_{A}(x, n)>\frac{1}{n^{(1 / \alpha-1) /(2 / \alpha-1)}}\left(t+\frac{c_{1}}{\mu(A)}\right)\right\} \leq \frac{c_{2}}{n^{\left(\frac{1}{\alpha}-1\right) /\left(\frac{2}{\alpha}-1\right)} t^{\frac{2}{\alpha}-2}} .
$$

We now formulate similar results for the number of mismatches at a given precision. Let $A$ be a measurable subset of $X$ such that $\mu(A)>0$ and $\epsilon>0$. For all $n \in \mathbb{N}$ define

$$
\mathcal{M}_{A}(x, n, \epsilon)=\frac{1}{n} \inf _{y \in A} \operatorname{Card}\left\{0 \leq j \leq n-1: d\left(T^{j} x, T^{j} y\right)>\epsilon\right\} .
$$

We have the following result.
Theorem 7.16. Let $(X, T)$ be a dynamical system modeled by a Young tower with exponential tails and $\mu$ its SRB measure. There exist constants $c_{1}, c_{2}>0$ such that, if $A \subset X$ is such that $\mu(A)>0$, then for any $0<\epsilon<1 / 2$, for any $n \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in X: \mathcal{M}_{A}(x, n, \epsilon)>c_{1} \epsilon^{-1} \frac{\sqrt{\log n}}{\mu(A) \sqrt{n}}+\frac{t \epsilon^{-1}}{\sqrt{n}}\right\} \leq e^{-c_{2} t^{2}}
$$

Theorem 7.17. Let $(X, T)$ be a dynamical system modeled by a non-uniform Young tower with weak $L^{q}$ tails, for some $q \geq 2$, and $\mu$ its SRB measure. There exist constants $c_{1}, c_{2}>0$ such that, if $A \subset X$ is such that $\mu(A)>0$, then for any $0<\epsilon<1 / 2$, for any $n \in \mathbb{N}$ and for any $t>0$,

$$
\begin{aligned}
& \mu\left\{x \in X: \mathcal{M}_{A}(x, n, \epsilon)>\frac{1}{\epsilon^{(q-1) /(q-1 / 2)} n^{(q-1) /(2 q-1)}}\left(t+\frac{c_{1}}{\mu(A)}\right)\right\} \\
& \quad \leq \frac{c_{2}}{\epsilon^{(q-1) /(q-1 / 2)} n^{(q-1) /(2 q-1)} t^{2 q-2}} .
\end{aligned}
$$

Once more, the proofs are almost the same as [CMS02, Thm. IV.2].
7.6. Integrated periodogram. Let $(X, T, \mu)$ be a dynamical system and $f: X \rightarrow \mathbb{R}$ be a Lipschitz function such that $\int f \mathrm{~d} \mu=0$. Define the empirical integrated periodogram function of the process $\left\{f \circ T^{k}\right\}_{k \geq 0}$ by

$$
J_{n}(x, \omega)=\int_{0}^{\omega} \frac{1}{n}\left|\sum_{j=0}^{n-1} e^{-\mathbf{i} j s} f\left(T^{j} x\right)\right|^{2} \mathrm{~d} s, \quad \omega \in[0,2 \pi] .
$$

Let

$$
J(\omega)=C_{f}(0) \omega+2 \sum_{\ell=1}^{\infty} \frac{\sin (\omega \ell)}{\ell} C_{f}(\ell)
$$

where $C_{f}(\ell)$ is defined in (7.5).
Theorem 7.18. Let $(X, T)$ be a dynamical system modeled by a uniform Young tower with exponential tails and $\mu$ its SRB measure. Let $f: X \rightarrow \mathbb{R}$ be a Lipschitz function such that $\int f \mathrm{~d} \mu=0$. There exist some positive constants $c_{1}, c_{2}$ such that for any $n \in \mathbb{N}$ and for any $t>0$,

$$
\mu\left\{x \in X: \sup _{\omega \in[0,2 \pi]}\left|J_{n}(x, \omega)-J(\omega)\right|>t+\frac{c_{1}(1+\log n)^{3 / 2}}{\sqrt{n}}\right\} \leq e^{-c_{2} n t^{2} /(1+\log n)^{2}}
$$

The observable $\sup _{\omega \in[0,2 \pi]}\left|J_{n}(x, \omega)-J(\omega)\right|$ was studied in [CCS05b] in the same setting but using the polynomial concentration inequality with moment 2 . We get here a stronger result since we now have the exponential concentration inequality at hand.

Proof. Let

$$
\begin{equation*}
\left.K\left(x_{0}, \ldots, x_{n-1}\right)=\left.\sup _{\omega \in[0,2 \pi]}\left|\int_{0}^{\omega} \frac{1}{n}\right| \sum_{j=0}^{n-1} e^{-\mathbf{i} j s} f\left(x_{j}\right)\right|^{2} \mathrm{~d} s-J(\omega) \right\rvert\, \tag{7.7}
\end{equation*}
$$

The reader can verify that

$$
\begin{equation*}
\sup _{0 \leq \ell \leq n-1} \operatorname{Lip}_{\ell}(K) \leq \frac{c(1+\log n)}{n} \tag{7.8}
\end{equation*}
$$

for some constant $c>0$. Let

$$
\begin{equation*}
Q_{n}(x)=\sup _{\omega \in[0,2 \pi]}\left|J_{n}(x, \omega)-J(\omega)\right| \tag{7.9}
\end{equation*}
$$

The major task is to estimate from above $\int Q_{n} \mathrm{~d} \mu$. We partly proceed as in [CCS05b, p. 2345]: We discretize $\omega$, that is, given any integer $N \in \mathbb{N}$, we define the finite sequence of numbers $\left(\omega_{p}\right)$ by $\omega_{p}=2 \pi p / N, p=0, \ldots, N$. We then define

$$
\bar{Q}_{n}(x):=\sup _{0 \leq p \leq N}\left|J_{n}\left(x, \omega_{p}\right)-J\left(\omega_{p}\right)\right| .
$$

One can then show that there exists some $C>0$ such that

$$
\begin{equation*}
Q_{n}(x) \leq \bar{Q}_{n}(x)+\frac{C}{N} \tag{7.10}
\end{equation*}
$$

for all $x \in X$ and for all integers $n, N \in \mathbb{N}$.
We shall also use the fact (see [CCS05b] for more details) that there exists some $C>0$ such that, for all $\omega$ and for any $n \in \mathbb{N}$,

$$
\begin{equation*}
\left|J(\omega)-\int J_{n}(x, \omega) \mathrm{d} \mu(x)\right| \leq \frac{C}{n} \tag{7.11}
\end{equation*}
$$

We now depart from [CCS05b] and use that for any real $\beta>0$,

$$
\begin{equation*}
\int e^{\beta \bar{Q}_{n}} \mathrm{~d} \mu \leq \sum_{p=0}^{N} \int e^{\beta\left[J_{n}\left(x, \omega_{p}\right)-J\left(\omega_{p}\right)\right]} \mathrm{d} \mu(x)+\sum_{p=0}^{N} \int e^{\beta\left[J\left(\omega_{p}\right)-J_{n}\left(x, \omega_{p}\right)\right]} \mathrm{d} \mu(x) \tag{7.12}
\end{equation*}
$$

We estimate each term in the first sum of the right-hand side of this inequality by using the exponential concentration inequality (7.1), (7.8) and (7.11):

$$
\begin{aligned}
& \int e^{\beta\left[J_{n}\left(x, \omega_{p}\right)-J\left(\omega_{p}\right)\right]} \mathrm{d} \mu(x) \\
& \quad=\int e^{\beta\left[J_{n}\left(x, \omega_{p}\right)-\int J_{n}\left(y, \omega_{p}\right) \mathrm{d} \mu(y)\right]} \mathrm{d} \mu(x) \cdot e^{\beta\left[\int J_{n}\left(y, \omega_{p}\right) \mathrm{d} \mu(y)-J\left(\omega_{p}\right)\right]} \\
& \leq e^{C \beta^{2}(1+\log n)^{2} / n} \cdot e^{C \beta / n}
\end{aligned}
$$

We get the same bound for each term in the second sum of the right-hand side of (7.12), hence

$$
\int e^{\beta \bar{Q}_{n}} \mathrm{~d} \mu \leq 2(N+1) e^{C \beta^{2}(1+\log n)^{2} / n} \cdot e^{C \beta / n} .
$$

We now use Jensen's inequality, (7.10) and (7.9) to get

$$
\begin{aligned}
& \int \sup _{\omega \in[0,2 \pi]}\left|J_{n}(x, \omega)-J(\omega)\right| \mathrm{d} \mu(x) \\
& \leq \inf _{N \in \mathbb{N}}\left\{\frac{1}{\beta} \log [2(N+1)]+C \beta \frac{(1+\log n)^{2}}{n}+\frac{C}{n}+\frac{C}{N}\right\} .
\end{aligned}
$$

It remains to optimize over $N \in \mathbb{N}$ and $\beta>0$ to obtain

$$
\int \sup _{\omega \in[0,2 \pi]}\left|J_{n}(x, \omega)-J(\omega)\right| \mathrm{d} \mu(x) \leq \frac{c_{1}(1+\log n)^{3 / 2}}{\sqrt{n}} .
$$

We conclude the proof by applying (7.2) to the function (7.7), taking into account (7.8) and the previous estimate.

## Appendix A. A Technical Lemma

Our goal in this section is to prove a technical result that was required to obtain polynomial concentration estimates in non-uniform invertible Young towers. Let us consider a non-invertible non-uniform Young tower in which the return time has a moment of order $q \geq 2$ (i.e., $\sum h^{q} \mu\left\{x \in \Delta_{0}: \phi(x)=h\right\}<\infty$ ). We define a function $\Phi_{n}$ by $\Phi_{n}(x)=\beta^{\operatorname{Card}\left\{j \in[1, n]: T^{j} x \in \Delta_{0}\right\}}$ for $x \in \Delta_{0}$, and $\Phi_{n}=0$ otherwise, where $\beta<1$ is fixed.

The estimate we need in (5.3) is given in the following theorem.
Theorem A.1. For all nonnegative real numbers $L_{k}$,

$$
\int\left(\sum_{r}\left(\sum_{k \geq r} L_{k} \Phi_{k-r} \circ T^{r}\right)^{2}\right)^{q-1} \leq C\left(\sum L_{k}^{2}\right)^{q-1}
$$

For the proof, let us expand the square on the left, the resulting function is bounded by $\sum_{r} \sum_{k \geq \ell \geq r} L_{k} L_{\ell} \Phi_{k-r} \circ T^{r}$, since $\Phi_{\ell-r} \circ T^{r} \leq 1$. Bounding $L_{k} L_{\ell}$ by $L_{k}^{2}+L_{\ell}^{2}$, we get two terms that will be studied separately (but with very similar techniques). The theorem follows from the following lemmas.

Lemma A.2. We have

$$
\int\left(\sum_{r} \sum_{k \geq r} L_{k}^{2}(k-r+1) \Phi_{k-r} \circ T^{r}\right)^{q-1} \leq C\left(\sum L_{k}^{2}\right)^{q-1}
$$

Lemma A.3. We have

$$
\int\left(\sum_{r} \sum_{k \geq r} \sum_{\ell=r}^{k-1} L_{\ell}^{2} \Phi_{k-r} \circ T^{r}\right)^{q-1} \leq C\left(\sum L_{k}^{2}\right)^{q-1}
$$

We will prove a more general result, encompassing those two lemmas and better suited to induction. We will need the following notion.

Definition A.4. A weight system is a set of numbers $u(r, k)$ for $r<k$ such that

1. either $u(r, k)=M_{k}$ for all $r<k$,
2. or $u(r, k)=\left(\sum_{j=r}^{k-1} M_{j}\right) /(k-r)$ for all $r<k$,
where $M_{k}$ is a summable sequence of nonnegative real numbers. In both cases, let $\Sigma=\sum M_{k}$ be the sum of the weight system.

Weight systems satisfy the following property.

Lemma A.5. Let $u(r, k)$ be a weight system. For all $m>0$, we have $\sum_{r} u(r, r+m) \leq \Sigma$.
Proof. If $u(r, k)=M_{k}$, then $\sum u(r, r+m)=\sum M_{r+m} \leq \sum M_{r}=\Sigma$. If $u(r, k)=$ $\left(\sum_{j=r}^{k-1} M_{j}\right) /(k-r)$, then

$$
\sum u(r, r+m)=m^{-1} \sum_{r} \sum_{j=0}^{m-1} M_{r+j} \leq m^{-1} \sum_{j=0}^{m-1} \Sigma=\Sigma . \square
$$

We will also need the following fact.
Lemma A.6. Let $u(r, k)$ be a weight system with sum $\Sigma$, and let $c_{n}^{(1)}$ be a sequence with a moment of order 1 . There exists a weight system $v(r, k)$ with sum at most $C \Sigma$ such that, for all $s<k$, we have $\sum_{r<s} u(r, k) c_{s-r}^{(1)} \leq v(s, k)$.

Proof. Let $w(s, k)=\sum_{r<s} u(r, k) c_{s-r}^{(1)}$. If $u(r, k)$ is of the first type (i.e., $u(r, k)=M_{k}$ ), then $w(s, k)=\sum_{r<s} M_{k} c_{s-r}^{(1)} \leq C M_{k}$, and one can take $v(s, k)=C M_{k}$. If $u(r, k)$ is of the second type (i.e., $u(r, k)=\left(\sum_{j=r}^{k-1} M_{j}\right) /(k-r)$ ), then

$$
\begin{aligned}
w(s, k) & =\sum_{r<s} u(r, k) c_{s-r}^{(1)}=\sum_{r<s} \frac{1}{k-r}\left(\sum_{j=r}^{k-1} M_{j}\right) c_{s-r}^{(1)} \\
& \leq \frac{1}{k-s}\left(\sum_{j<s} M_{j} \sum_{r \leq j} c_{s-r}^{(1)}+\sum_{j=s}^{k-1} M_{j} \sum_{r<s} c_{s-r}^{(1)}\right) \\
& \leq \frac{1}{k-s}\left(\sum_{j<s} M_{j} c_{s-j}^{(0)}+C \sum_{j=s}^{k-1} M_{j}\right) .
\end{aligned}
$$

Let $M_{s}^{\prime}=C M_{s}+\sum_{j<s} M_{j} c_{s-j}^{(0)}$, we get $w(s, k) \leq \frac{1}{k-s}\left(M_{s}^{\prime}+C \sum_{j=s+1}^{k-1} M_{j}\right)$, which is bounded by $\frac{1}{k-s} \sum_{j=s}^{k-1} M_{j}^{\prime}$. Moreover, $\sum M_{j}^{\prime} \leq C \sum M_{j}$ since the sequence $c_{n}^{(0)}$ is summable. This shows that $w$ is bounded by a weight system $v$ with sum at most $C \Sigma$.

The main lemma is the following:
Lemma A.7. Consider a weight system $u(r, k)$, and real numbers $\gamma \geq 1$ and $Q \geq 1$ with $\gamma Q \leq q-1$. We have

$$
\int\left(\sum_{k>r} u(r, k)(k-r)^{\gamma} \Phi_{k-r} \circ T^{r}\right)^{Q} \leq C \Sigma^{Q}
$$

This result implies Lemmas A. 2 and A.3, using it with $\gamma=1, Q=q-1$ and the weights $L_{k}^{2}$ for the former, $\left(\sum_{\ell=r}^{k-1} L_{\ell}^{2}\right) /(k-r)$ for the latter.

We will prove the lemma directly for $Q \in[1,2]$, while an induction will be required for $Q>2$. When $u$ is a weight system, let us write $S(\gamma, u)=\sum_{k>r} u(r, k)(k-$
$r)^{\gamma} \Phi_{k-r} \circ T^{r}$. We will construct another weight system $v(r, k)$ (with sum at most $C \Sigma$ ) such that

$$
\int|S(\gamma, u)|^{Q} \leq C \Sigma^{Q}+C \Sigma^{Q / 2} \int|S(2 \gamma, v)|^{Q / 2}
$$

By induction, the last integral is bounded by $C \Sigma^{Q / 2}$, and we obtain the desired result.
Let us explain the strategy of the proof. First, since $\int \Phi_{n} \leq c_{n}^{(q-1)}$ by Lemma A. 8 below, we have

$$
\begin{aligned}
\mathbb{E}(S(\gamma, u)) & \leq \sum_{k>r}(k-r)^{\gamma} u(r, k) c_{k-r}^{(q-1)}=\sum_{m} m^{\gamma} c_{m}^{(q-1)}\left(\sum_{r} u(r, r+m)\right) \\
& \leq \sum_{m} m^{\gamma} c_{m}^{(q-1)} \Sigma
\end{aligned}
$$

by Lemma A.5. As $\gamma \leq \gamma Q \leq q-1$, the sum in $m$ is finite, and we get $\mathbb{E}(S(\gamma, u)) \leq C \Sigma$. Consequently, to prove the lemma, it suffices to bound $\int^{S}|S(\gamma, u)-\mathbb{E}(S(\gamma, u))|^{Q}$.

We decompose $S=S(\gamma, u)$ as $\mathbb{E}(S)+\sum_{s \geq 0} S_{s} \circ T^{s}$, where $S_{s} \circ T^{s}$ is a sequence of reverse martingale differences: writing $\mathcal{F}_{0}$ for the Borel $\sigma$-algebra and $\mathcal{F}_{s}=T^{-s} \mathcal{F}_{0}$, the function $S_{s} \circ T^{s}$ is $\mathcal{F}_{s}$-measurable and $\mathbb{E}\left(S_{s} \circ T^{s} \mid \mathcal{F}_{s+1}\right)=0$, i.e., $\mathbb{E}\left(S_{s} \mid \mathcal{F}_{1}\right)=0$. For any function $f$, one has $E\left(f \mid \mathcal{F}_{s}\right)=\left(\mathcal{L}^{s} f\right) \circ T^{s}$, where $\mathcal{L}$ is the transfer operator. Therefore, $S_{s}$ is given by $S_{s}(z)=\mathcal{L}^{s} S(z)-\mathcal{L}^{s+1} S(T z)$.

For $Q \in[1,2]$, the von Bahr-Esseen inequality [vBE65] yields

$$
\int|S-\mathbb{E}(S)|^{Q} \leq \sum_{s} \mathbb{E}\left(\left|S_{s}\right|^{Q} \mid\right)
$$

while for $Q>2$ the Rosenthal-Burkholder inequality gives an additional term as follows:

$$
\int|S-\mathbb{E}(S)|^{Q} \leq \mathbb{E}\left(\sum_{s} \mathbb{E}\left(S_{s}^{2} \mid \mathcal{F}_{1}\right) \circ T^{s}\right)^{Q / 2}+\sum_{s} \mathbb{E}\left(\left|S_{s}\right|^{Q}\right)
$$

We will split each function $S_{s}$ into several parts that will be estimated separately. Plugging those bounds into the inequalities of von Bahr-Esseen (for $Q \in[1,2]$ ) and RosenthalBurkholder (for $Q>2$ ) will give the desired result.

More precisely, if $h(x) \neq 0$, we have $\mathbb{E}\left(\left|S_{s}\right| \mid \mathcal{F}_{1}\right)=0$ at the (unique) preimage of $x$ and there is nothing to estimate. On the other hand, if $h(x)=0$ and if $z$ is a preimage of $x$ under $T$, we have

$$
\begin{gathered}
S_{s}(z)=\mathcal{L}^{s} S(z)-\mathcal{L}^{s+1} S(x)=\sum_{k>r}(k-r)^{\gamma} u(r, k)\left(\mathcal{L}^{s}\left(\Phi_{k-r} \circ T^{r}\right)(z)\right. \\
\left.-\mathcal{L}^{s+1}\left(\Phi_{k-r} \circ T^{r}\right)(x)\right)
\end{gathered}
$$

When estimating $\mathbb{E}\left(S_{s}^{2} \mid \mathcal{F}_{1}\right)$ or $\mathbb{E}\left(\left|S_{s}\right|{ }^{Q} \mid \mathcal{F}_{1}\right)$, there is a contribution coming from $\mathcal{L}^{s+1} S(x)$ (involving a sum over $k>r$ ), and a contribution coming from the sum over the preimages $z$ of $x$ of $\mathcal{L}^{s} S(z)$ (involving a sum over $z$ and over $k>r$ ). We will treat separately those contributions depending on the positions of $k$ and $r$ with respect to $s$ and to $s-h$ (where $h$ is the height of the preimage $z$ of $x$ one is considering). Let $\pi z$
be the projection of $z$ in the basis of the tower. If $h \leq s$, we have $\mathcal{L}^{s} S(z)=\mathcal{L}^{s-h} S(\pi z)$. (This is the interesting case: if $h>s$, then all the following estimates become easier, we will not indicate the trivial modifications to be done in this case.)

We will study separately the following cases:
(1) $k>r \geq s+1$, contribution of $\mathcal{L}^{s-h} S(\pi z)-\mathcal{L}^{s+1} S(x)$;
(2) $k>s+1>r$, contribution solely of $\mathcal{L}^{s+1} S(x)$;
(3) $k>s-h, \min (s+1, k)>r$, contribution solely of $\mathcal{L}^{s-h} S(\pi z)$;
(4) $s+1 \geq k>s-h, r<k$, contribution solely of $\mathcal{L}^{s+1} S(x)$;
(5) $s-h \geq k>r$, contribution of $\mathcal{L}^{s-h} S(\pi z)-\mathcal{L}^{s+1} S(x)$.

We will treat separately those five contributions, and see that all of them satisfy the desired bounds. We will need very precise estimates on the transfer operator, given in the following lemma. We recall that the notation $d_{n}^{(Q)}$ indicates a nonincreasing sequence with a moment of order $Q$.
Lemma A.8. We have $\int \Phi_{m} \leq c_{m}^{(q-1)}$. For $h(z)=0$, we have $\mathcal{L}^{n} \Phi_{m}(z) \leq c_{n}^{(q)} \Phi_{m-n}(z)$ if $n \leq m$, and

$$
\left|\mathcal{L}^{n}\left(\mathcal{L}^{m} \Phi_{m}\right)(z)-\sum_{b \leq n} e(b, m)\right| \leq \sum_{b=0}^{n} d_{n-b}^{(q-2)} \sum_{i=0}^{m} c_{b+m-i}^{(q)} c_{i}^{(q)},
$$

where the scalar $e(b, m)$ only depends on $b$ and $m$ and is bounded by $\sum_{i=0}^{m} c_{b+m-i}^{(q)} c_{i}^{(q)}$. The function $\Phi_{m}$ involves $m$ iterates of the transformation. While the transfer operator is eliminating some number $n \leq m$ of those iterates, the improvement in the estimates depends on $n$, and $m-n$ iterates remain ready to be used (under the form of $\Phi_{m-n}$ ). Once all the variables are eliminated, $\mathcal{L}^{n}\left(\mathcal{L}^{m} \Phi_{m}\right)$ converges to the integral of $\Phi_{m}$ (which is equal to $\sum_{b \geq 0} e(b, m)$ ), with a more complicated error term whose precise form will play an important role later on.
Proof. Let us first assume $n \leq m$. In this case, $\mathcal{L}^{n} \Phi_{m}(z)=\Phi_{m-n}(z) \cdot U_{n} 1(z)$, where the operator $U_{n}$ was introduced in the proof of Lemma 4.4. We proved there that $\left\|U_{n}\right\| \leq c_{n}^{(q)}$, the desired estimate follows.

For any point $x$ with height $i \in[0, m]$, we obtain $\mathcal{L}^{m} \Phi_{m}(x)=\mathcal{L}^{m-i} \Phi_{m}(\pi x) \leq$ $c_{m-i}^{(q)}$. On the other hand, if $h(x)=i>m$, we have $\mathcal{L}^{m} \Phi_{m}(x)=\Phi_{m}\left(T^{-m} x\right)=0$, since $\Phi_{m}$ vanishes on points with positive height by definition. Let $\Gamma=\mathcal{L}^{m} \Phi_{m}$.

We obtain

$$
\int \Phi_{m}=\int \Gamma \leq \sum_{i=0}^{m} \mu\{h=i\} c_{m-i}^{(q)} \leq \sum_{i=0}^{m} c_{i}^{(q-1)} c_{m-i}^{(q)} \leq c_{m}^{(q-1)}
$$

Let us now study $\mathcal{L}^{n}\left(\mathcal{L}^{m} \Phi_{m}\right)=\mathcal{L}^{n} \Gamma$, using the previous information regarding $\Gamma$. We will use the operators $T_{k}$ and $B_{b}$ that were introduced in Subsect. 4.2, so that $\mathcal{L}^{n} \Gamma(z)=\sum_{k+b=n} T_{k} B_{b} \Gamma(z)$ for $h(z)=0$. We explained there that $T_{k}=\Pi+E_{k}$, where $\Pi f=\left(\int f\right) 1_{\Delta_{0}}$, and $\left\|E_{k}\right\| \leq d_{k}^{(q-2)}$. Hence,

$$
\mathcal{L}^{n} \Gamma(z)=\Pi \cdot \sum_{b \leq n} B_{b} \Gamma+\sum_{k+b=n} E_{k} B_{b} \Gamma(z) .
$$

We estimate first $\left\|B_{b} \Gamma\right\|$. We have $B_{b} \Gamma(x)=\sum g^{(b)}(y) \Gamma(y)$, where we sum over the points $y \in T^{-b}(x)$ not returning to $\Delta_{0}$ before time $b$. If $h(y)=i$, the point $\pi y$ has
a return time to the basis equal to $b+i$. Therefore, $\left|B_{b} \Gamma(x)\right| \leq \sum_{i=0}^{m} c_{b+i}^{(q)} c_{m-i}^{(q)}=$ $\sum_{i=0}^{m} c_{b+m-i}^{(q)} c_{i}^{(q)}$ (in view of the bound on $\Gamma$ at height $i$ ). The Lipschitz norm of $B_{b} \Gamma$ is estimated in the same way. Thus,

$$
\sum_{k+b=n}\left\|E_{k} B_{b} \Gamma\right\| \leq \sum_{k+b=n} d_{k}^{(q-2)} \sum_{i=0}^{m} c_{b+m-i}^{(q)} c_{i}^{(q)}
$$

Finally, the statement of the lemma is satisfied letting $e(b, m)=\int B_{b} \Gamma=\Pi\left(B_{b} \Gamma\right)$. This scalar is independent of $n$ and bounded by $\sum_{i=0}^{m} c_{b+m-i}^{(q)} c_{i}^{(q)}$.

We will use the following simple remark. For $\kappa \geq 2$ and $x, y \geq 0$, we have $(x+y)^{\kappa} \leq$ $x^{\kappa}+C y(x+y)^{\kappa-1}$ (by Taylor's formula). By induction, this implies

$$
\begin{equation*}
\left(\sum_{i=1}^{n} x_{i}\right)^{\kappa} \leq C \sum_{i=1}^{n} x_{i} \cdot\left(\sum_{j=1}^{i} x_{j}\right)^{\kappa-1} \tag{A.1}
\end{equation*}
$$

A.1. The case $k>r \geq s+1$. When $k>r \geq s+1$, we have $\mathcal{L}^{s+1}\left(\Phi_{k-r} \circ T^{r}\right)(x)=\Phi_{k-r} \circ$ $T^{r-s-1}(x)$, while $\mathcal{L}^{s-h}\left(\Phi_{k-r} \circ T^{r}\right)(\pi z)=\Phi_{k-r} \circ T^{r-s+h}(\pi z)$. Since $T^{h+1}(\pi z)=x$, those terms coincide, and their contribution to $S_{s}(z)$ vanishes.
A.2. The case $k>s+1>r$, contribution of $\mathcal{L}^{s+1} S(x)$. The contribution from $\Phi_{k-r} \circ T^{r}$ satisfies

$$
\mathcal{L}^{s+1}\left(\Phi_{k-r} \circ T^{r}\right)=\mathcal{L}^{s+1-r} \Phi_{k-r} \leq c_{s+1-r}^{(q)} \Phi_{k-s-1}(x)
$$

by Lemma A.8. Summing those contributions to $S_{s}(z)$ (for varying $k$ and $r$ ) gives a term which is bounded by

$$
S_{s}^{(2)}=\sum_{k>s+1>r}(k-r)^{\gamma} u(r, k) c_{s+1-r}^{(q)} \Phi_{k-s-1}(x)
$$

Let us note that this term does not depend on $z$. Since $k-r=(k-s-1)+(s+1-r) \leq$ $2(k-s-1)(s+1-r)$ and since $(s+1-r)^{\gamma} c_{s+1-r}^{(q)} \leq c_{s+1-r}^{(q-\gamma)}$, we have

$$
S_{s}^{(2)} \leq \sum_{k>s+1} \sum_{r \leq s} u(r, k) c_{s+1-r}^{(q-\gamma)}(k-s-1)^{\gamma} \Phi_{k-s-1}(x)
$$

By Lemma A.6, there exists a new weight system $v$ such that $\sum_{r \leq s} u(r, k) c_{s+1-r}^{(q-\gamma)} \leq$ $v(s+1, k)$, yielding $S_{s}^{(2)} \leq \sum_{k>s+1} v(s+1, k)(k-s-1)^{\gamma} \Phi_{k-s-1}(x)$. Moreover, the sum of the weight $v$ is at most $C \Sigma$.

Let $\kappa \geq 1$, we estimate $\left|S_{s}^{(2)}(z)\right|^{\kappa}$. We apply the inequality (A.1) to $x_{k}=v(s+1, k)$ $(k-s-1)^{\gamma} \Phi_{k-s-1}$, yielding

$$
\begin{aligned}
\left|S_{s}^{(2)}\right|^{\kappa} \leq & \sum_{k>s+1} v(s+1, k)(k-s-1)^{\gamma} \Phi_{k-s-1} \\
& \cdot\left(\sum_{s+1<\ell \leq k} v(s+1, \ell)(\ell-s-1)^{\gamma}\right)^{\kappa-1} .
\end{aligned}
$$

We claim that the last sum is bounded by $C(k-s-1)^{\gamma} \Sigma$. Indeed, if the weight $v$ is of the first type (i.e., $v(r, \ell)=M_{\ell}$ ), then we bound $(\ell-s-1)^{\gamma}$ by $(k-s-1)^{\gamma}$, to obtain $(k-s-1)^{\gamma} \sum_{\ell=s+2}^{k} M_{\ell} \leq C(k-s-1)^{\gamma} \Sigma$. On the other hand, if $v$ is of the second type (i.e., $v(r, \ell)=\left(\sum_{j=r}^{\ell-1} M_{j}\right) /(\ell-r)$ ), then the sum is bounded by

$$
\begin{aligned}
\sum_{\ell=s+2}^{k} \sum_{j=s+1}^{\ell-1} M_{j}(\ell-s-1)^{\gamma-1} & \leq(k-s-1)^{\gamma-1} \sum_{j=s+1}^{k-1} M_{j}(k-j) \\
& \leq(k-s-1)^{\gamma} \sum_{j=s+1}^{k-1} M_{j} \leq(k-s-1)^{\gamma} \Sigma
\end{aligned}
$$

We have proved that, for all $\kappa \geq 1$,

$$
\begin{equation*}
\left|S_{s}^{(2)}\right|^{\kappa} \leq C \sum_{k>s+1} v(s+1, k)(k-s-1)^{\kappa \gamma} \Phi_{k-s-1} \Sigma^{\kappa-1} \tag{A.2}
\end{equation*}
$$

Let us now assume that $Q \in[1,2]$, and let us consider the contribution of $S_{s}^{(2)}$ to the von Bahr-Esseen inequality. It is given by

$$
\begin{aligned}
\sum_{s} \mathbb{E}\left(\left|S_{s}^{(2)}\right|^{Q}\right) & =\sum_{s} \mathbb{E}\left(\mathbb{E}\left(\left|S_{s}^{(2)}\right|^{Q} \mid \mathcal{F}_{1}\right)\right) \\
& \leq \sum_{s} C \sum_{k>s+1} v(s+1, k)(k-s-1)^{Q_{\gamma}} \mathbb{E}\left(\Phi_{k-s-1}\right) \Sigma^{Q-1}
\end{aligned}
$$

by (A.2). Since $\mathbb{E}\left(\Phi_{k-s-1}\right) \leq c_{k-s-1}^{(q-1)}$, this can be written (letting $k=s+1+m$ ) as $\Sigma^{Q-1} \sum_{m} m^{Q \gamma} c_{m}^{(q-1)} \sum_{s} v(s+1, s+1+m)$. For fixed $m$, the sum $\sum_{s} v(s+1, s+1+m)$ is bounded by $C \Sigma$ by Lemma A.5. As $Q \gamma \leq q-1, m^{Q \gamma} c_{m}^{(q-1)}$ is summable, and we obtain a bound $C \Sigma^{Q}$ as desired.

Assume now $Q>2$. In this case, the second term in the Rosenthal-Burkholder inequality is bounded by $C \Sigma^{Q}$ as above. Using (A.2) (with $\kappa=2$ ), the first term is at most

$$
\begin{aligned}
& C \int\left(\sum_{s} \sum_{k>s+1} v(s+1, k)(k-s-1)^{2 \gamma} \Phi_{k-s-1} \circ T^{s+1} \cdot \Sigma\right)^{Q / 2} \\
& \quad=C \Sigma^{Q / 2} \int|S(2 \gamma, v)|^{Q / 2} .
\end{aligned}
$$

Since $\gamma^{\prime}=2 \gamma$ and $Q^{\prime}=Q / 2$ satisfy $\gamma^{\prime} Q^{\prime} \leq q-1$, we can argue by induction to show that this term is again bounded by $\Sigma^{Q}$.
A.3. The case $k>s-h, \min (s+1, k)>r$, contribution of $\mathcal{L}^{s-h} S(\pi z)$. We should study $S_{s}^{(3)}(z)=\mathcal{L}^{s-h}\left(\sum_{k>s-h} \sum_{r \leq \min (s, k-1)} u(r, k)(k-r)^{\gamma} \Phi_{k-r} \circ T^{r}\right)(\pi z)$.

If $k>s-h$ and $r \in(s-h, s]$ with $r<k$, we have $\mathcal{L}^{s-h}\left(\Phi_{k-r} \circ T^{r}\right)(\pi z)=\Phi_{k-r} \circ$ $T^{r-(s-h)}(\pi z)$. Since the point $T^{r-(s-h)}(\pi z)$ has positive height, the function $\Phi_{k-r}$ vanishes here. Therefore, we only have to consider the contribution of $k>s-h \geq r$.

This is exactly the same thing as in the previous subsection, but for the point $\pi z$ instead of $x$. The inequality (A.2) gives, for all $\kappa \geq 1$,

$$
\left|S_{s}^{(3)}(z)\right|^{\kappa} \leq C \sum_{k>s-h} v(s-h, k)(k-s+h)^{\kappa \gamma} \Phi_{k-s+h}(\pi z) \Sigma^{\kappa-1}
$$

where $v$ is a weight system with sum at most $C \Sigma$. For $k \in(s-h, s+1]$, we simply bound $\Phi_{k-s+h}(\pi z)$ by 1 , while for $k>s+1$ we bound it by $\Phi_{k-s-1}(x)$, since $T^{h+1}(\pi z)=x$. Summing over the preimages $z$ of $x$, we get

$$
\begin{aligned}
\mathbb{E}\left(\left|S_{s}^{(3)}\right|^{\kappa} \mid \mathcal{F}_{1}\right) \leq C \Sigma^{\kappa-1} & \sum_{h \geq 0} c_{h}^{(q)}\left(\sum_{k=s-h+1}^{s+1} v(s-h, k)(k-s+h)^{\kappa \gamma}\right. \\
& \left.+\sum_{k>s+1} v(s-h, k)(k-s+h)^{\kappa \gamma} \Phi_{k-s-1}(x)\right)
\end{aligned}
$$

In the first sum, we bound $k-s+h$ by $h+1$ and we use the inequality $(h+1)^{\kappa \gamma} c_{h}^{(q)} \leq$ $c_{h}^{(q-\kappa \gamma)}$. In the second sum, we have $c_{h}^{(q)}(k-s+h)^{\kappa \gamma} \leq c_{h}^{(q-\kappa \gamma)}(k-s-1)^{\kappa \gamma}$ by the same argument. If $\kappa \gamma \leq q-1$, the quantity $\sum_{h \geq 0} c_{h}^{(q-\kappa \gamma)} v(s-h, k)$ is bounded by $w(s+1, k)$, where $w$ is a weight system with sum at most $C \Sigma$, by Lemma A.6. We obtain

$$
\begin{align*}
\mathbb{E}\left(\left|S_{s}^{(3)}\right|^{\kappa} \mid \mathcal{F}_{1}\right) \leq & C \Sigma^{\kappa-1}\left(\sum_{h \geq 0} \sum_{k=s-h+1}^{s+1} c_{h}^{(q-\kappa \gamma)} v(s-h, k)\right. \\
& \left.+\sum_{k>s+1} w(s+1, k)(k-s-1)^{\kappa \gamma} \Phi_{k-s-1}(x)\right) \tag{A.3}
\end{align*}
$$

The second term is identical to the term appearing in the previous subsection, in (A.2). It follows in the same way that its contribution to the inequalities of von Bahr-Esseen (case $Q \in[1,2]$ ) and Rosenthal-Burkholder (case $Q>2$ ) is bounded by $C \Sigma^{Q}$.

Let us consider the first term, first in von Bahr-Esseen inequality (case $Q \in[1,2]$ ). Thanks to (A.3) (with $\kappa=Q$ ), its contribution is given by

$$
\begin{aligned}
& \sum_{s} C \Sigma^{Q-1} \sum_{h \geq 0} \sum_{k=s-h+1}^{s+1} c_{h}^{(q-Q \gamma)} v(s-h, k) \\
& \quad=C \Sigma^{Q-1} \sum_{h \geq 0} c_{h}^{(q-Q \gamma)} \sum_{m=1}^{h+1} \sum_{s} v(s-h, s-h+m) \\
& \leq C \Sigma^{Q-1} \sum_{h \geq 0} c_{h}^{(q-Q \gamma)} \sum_{m=1}^{h+1} \Sigma=C \Sigma^{Q} \sum_{h \geq 0} c_{h}^{(q-Q \gamma-1)},
\end{aligned}
$$

where we used Lemma A. 5 for the inequality. Since $Q \gamma \leq q-1$, this is bounded by $C \Sigma^{Q}$.

When $Q>2$, we use the Rosenthal-Burkholder inequality. As above, the last term in this inequality is bounded by $C \Sigma^{Q}$. Using (A.3) (with $\kappa=2$ ), the first term is bounded by

$$
\left(\sum_{s} C \Sigma \sum_{h \geq 0} \sum_{k=s-h+1}^{s+1} c_{h}^{(q-2 \gamma)} v(s-h, k)\right)^{Q / 2}
$$

The same computation as above shows that this is bounded by $\left(C \Sigma^{2}\right)^{Q / 2}$.
A.4. The case $s+1 \geq k>s-h, r<k$, contribution of $\mathcal{L}^{s+1} S(x)$. The contribution coming from $\Phi_{k-r} \circ T^{r}$ satisfies

$$
\mathcal{L}^{s+1}\left(\Phi_{k-r} \circ T^{r}\right)=\mathcal{L}^{s+1-k} \mathcal{L}^{k-r} \Phi_{k-r}
$$

which is controlled by Lemma A.8. Summing over $k \in[s-h+1, s+1]$ and $r<k$, we obtain that the resulting contribution $S_{s}^{(4)}$ is bounded by

$$
\begin{aligned}
\sum_{k=s-h+1}^{s+1} \sum_{r<k} u(r, k)(k-r)^{\gamma} & \left(\sum_{b \leq s+1-k} \sum_{i=0}^{k-r} c_{b+k-r-i}^{(q)} c_{i}^{(q)}\right. \\
& \left.+\sum_{b \leq s+1-k} d_{s+1-k-b}^{(q-2)} \sum_{i=0}^{k-r} c_{b+k-r-i}^{(q)} c_{i}^{(q)}\right)
\end{aligned}
$$

Since $d_{s+1-k-b}^{(q-2)}$ is bounded, the second term is bounded by the first one. Since $k-r \leq$ $(b+k-r-i)+i$, we have $k-r \leq(b+k-r-i+1)(i+1)$, yielding $(k-r)^{\gamma} c_{b+k-r-i}^{(q)} c_{i}^{(q)} \leq$ $c_{b+k-r-i}^{(q-\gamma)} c_{i}^{(q-\gamma)}$. For $\kappa \geq 1$, we obtain (letting $m=k-r$ )

$$
\mathbb{E}\left(\left|S_{s}^{(4)}\right|^{\kappa} \mid \mathcal{F}_{1}\right) \leq \sum_{h \geq 0} c_{h}^{(q)}\left(\sum_{k=s-h+1}^{s+1} \sum_{b \leq s+1-k} \sum_{i \geq 0} c_{i}^{(q-\gamma)} \sum_{m \geq i} u(k-m, k) c_{b+m-i}^{(q-\gamma)}\right)^{\kappa}
$$

Summing over $s$ and using the inequality $\sum x_{i}^{\kappa} \leq\left(\sum x_{i}\right)^{\kappa}$, we get

$$
\begin{aligned}
& \sum_{s} \mathbb{E}\left(\left|S_{s}^{(4)}\right|^{\kappa} \mid \mathcal{F}_{1}\right) \circ T^{s} \\
& \leq \sum_{h \geq 0} c_{h}^{(q)}\left(\sum_{s} \sum_{k=s-h+1}^{s+1} \sum_{b \leq s+1-k} \sum_{i \geq 0} c_{i}^{(q-\gamma)} \sum_{m \geq i} u(k-m, k) c_{b+m-i}^{(q-\gamma)}\right)^{\kappa}
\end{aligned}
$$

We reorganize the sums as follows. First, we write $s+1=k+a$ for some $a \in[0, h]$, so that the first three sums are replaced by $\sum_{a=0}^{h} \sum_{k} \sum_{b \leq a}$. Then, we move the sum over $k$ to the end: since $\sum_{k} u(k-m, k) \leq \Sigma$ for all $m$ by Lemma A.5, we get a bound

$$
\Sigma^{\kappa} \sum_{h \geq 0} c_{h}^{(q)}\left(\sum_{a=0}^{h} \sum_{b \leq a} \sum_{i \geq 0} c_{i}^{(q-\gamma)} \sum_{m \geq i} c_{b+m-i}^{(q-\gamma)}\right)^{\kappa}
$$

The sum over $m \geq i$ is bounded by $d_{b}^{(q-\gamma-1)}$. The (finite) quantity $\sum_{i \geq 0} c_{i}^{(q-\gamma)}$ can be factorized out, giving a multiplicative constant. Since the sum $\sum_{b \leq a} d_{b}^{(q-\gamma-1)}$ is uniformly bounded, we get an upper bound $\Sigma^{\kappa} \sum_{h \geq 0}(h+1)^{\kappa} c_{h}^{(q)} \leq C \Sigma^{\kappa}$, when $\kappa \leq q$.

This readily implies that the contributions of $S_{s}^{(4)}$ to the inequalities of von Bahr-Esseen (case $1 \leq Q \leq 2$ ) and Rosenthal-Burkholder (case $Q>2$ ) are bounded by $\Sigma^{Q}$, as desired.
A.5. The case $s-h \geq k>r$. The contribution coming from $\Phi_{k-r} \circ T^{r}$ reads

$$
\begin{aligned}
& \mathcal{L}^{s-h}\left(\Phi_{k-r} \circ T^{r}\right)(\pi z)-\mathcal{L}^{s+1}\left(\Phi_{k-r} \circ T^{r}\right)(x) \\
& \quad=\mathcal{L}^{s-h-k} \mathcal{L}^{k-r} \Phi_{k-r}(\pi z)-\mathcal{L}^{s+1-k} \mathcal{L}^{k-r} \Phi_{k-r}(x)
\end{aligned}
$$

To estimate those contributions, we use Lemma A.8. The main terms $e(b, k-r)$ simplify partially: only those corresponding to $s-h-k<b \leq s+1-k$ remain. As a consequence, the global contribution $S_{s}^{(5)}(z)$ is bounded by

$$
\sum_{s-h \geq k>r}(k-r)^{\gamma} u(r, k)\left(\sum_{b=s-h-k+1}^{s+1-k} \sum_{i=0}^{k-r} c_{b+k-r-i}^{(q)} c_{i}^{(q)}+\sum_{b=0}^{s-h-k} d_{s-h-k-b}^{(q-2)} \sum_{i=0}^{k-r} c_{b+k-r-i}^{(q)} c_{i}^{(q)}\right) .
$$

Let us first note that $(k-r)^{\gamma} c_{b+k-r-i}^{(q)} c_{i}^{(q)} \leq c_{b+k-r-i}^{(q-\gamma)} c_{i}^{(q-\gamma)}$ as in the previous subsection. We will then handle separately the two pieces $S_{s}^{(5.1)}(z)$ and $S_{s}^{(5.2)}(z)$ of this expression.

Summing over $h$ and then over $s$, and using the inequality $\sum x_{i}^{\kappa} \leq\left(\sum x_{i}\right)^{\kappa}$ as in the previous subsection, we get

$$
\begin{aligned}
& \sum_{s} \mathbb{E}\left(\left|S_{s}^{(5.1)}\right|^{\kappa} \mid \mathcal{F}_{1}\right) \circ T^{s} \\
& \leq \sum_{h \geq 0} c_{h}^{(q)}\left(\sum_{s} \sum_{k \leq s-h} \sum_{b=s-h-k+1}^{s+1-k} \sum_{i \geq 0} c_{i}^{(q-\gamma)} \sum_{m \geq i} u(k-m, k) c_{b+m-i}^{(q-\gamma)}\right)^{\kappa} .
\end{aligned}
$$

Let us reorganize the sums essentially as in the previous subsection. First, let $s+1-h=$ $k+a$ for some $a \geq 1$, so that the first sums become $\sum_{a \geq 1} \sum_{k} \sum_{b=a}^{a+h}$. Then, we move the sum over $k$ to the end, and we use the inequality $\sum_{k} u(k-m, k) \leq \Sigma$ for all $m$. This yields a bound

$$
\Sigma^{\kappa} \sum_{h \geq 0} c_{h}^{(q)}\left(\sum_{a \geq 1} \sum_{b=a}^{a+h} \sum_{i \geq 0} c_{i}^{(q-\gamma)} \sum_{m \geq i} c_{b+m-i}^{(q-\gamma)}\right)^{\kappa}
$$

The last sum over $m$ is bounded by $d_{b}^{(q-\gamma-1)}$, which is independent of $i$. Therefore, we may factorize out the sum over $i$, since $\sum_{i} c_{i}^{(q-\gamma)}<\infty$. Since $d_{b}^{(q-\gamma-1)}$ is nonincreasing, we have $\sum_{b=a}^{a+h} d_{b}^{(q-\gamma-1)} \leq(h+1) d_{a}^{(q-\gamma-1)}$. As $q-\gamma-1 \geq 0$, the sequence $d_{a}^{(q-\gamma-1)}$ is summable, giving yet another multiplicative constant. We obtain a bound $C \Sigma^{\kappa} \sum_{h \geq 0}(h+1)^{\kappa} c_{h}^{(q)} \leq C \Sigma^{\kappa}$ when $\kappa \leq q$.

Let us now study $S_{s}^{(5.2)}(z)$. We have

$$
\begin{aligned}
& \sum_{s} \mathbb{E}\left(\left|S_{s}^{(5.2)}\right|^{\kappa} \mid \mathcal{F}_{1}\right) \circ T^{s} \\
& \leq \sum_{h \geq 0} c_{h}^{(q)}\left(\sum_{s} \sum_{k \leq s-h} \sum_{b=0}^{s-h-k} d_{s-h-k-b}^{(q-2)} \sum_{i \geq 0} c_{i}^{(q-\gamma)} \sum_{m \geq i} u(k-m, k) c_{b+m-i}^{(q-\gamma)}\right)^{\kappa}
\end{aligned}
$$

We proceed exactly as above, with the difference that the sum over $b$ goes from 0 to $a-1$. We get a bound

$$
C \Sigma^{\kappa} \sum_{h \geq 0} c_{h}^{(q)}\left(\sum_{a \geq 1} \sum_{b=0}^{a-1} d_{a-1-b}^{(q-2)} \cdot d_{b}^{(q-\gamma-1)}\right)^{\kappa}
$$

Since $q-\gamma-1 \leq q-2$, the convolution between $d_{a-1-b}^{(q-2)}$ and $d_{b}^{(q-\gamma-1)}$ is bounded by $c_{a-1}^{(q-\gamma-1)}$. As $\gamma+1 \leq q$, the sum over $a$ is finite, and we obtain a bound $\Sigma^{\kappa}$.

Gluing the two pieces together, we have shown that $\sum_{s} \mathbb{E}\left(\left|S_{s}^{(5)}\right|^{\kappa} \mid \mathcal{F}_{1}\right) \circ T^{s} \leq C \Sigma^{\kappa}$ for all $\kappa \leq q$. This readily implies that the contributions of $S_{s}^{(5)}$ to the inequalities of von Bahr-Esseen (case $1 \leq Q \leq 2$ ) and Rosenthal-Burkholder (case $Q>2$ ) are bounded by $\Sigma^{Q}$, as desired.

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